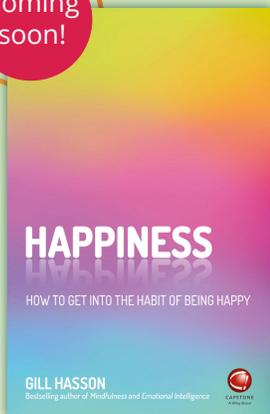


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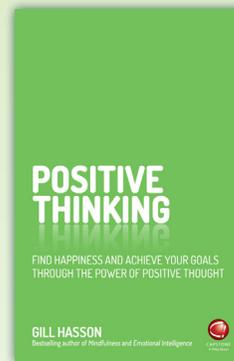


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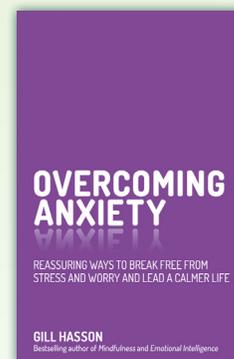
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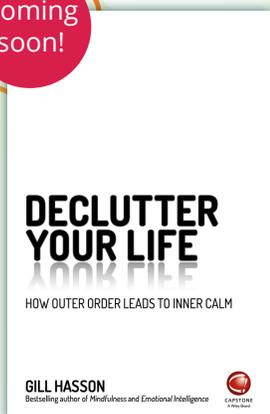
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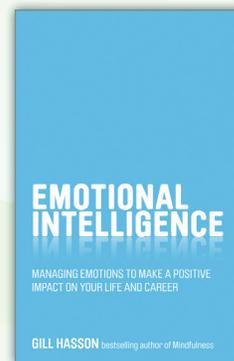
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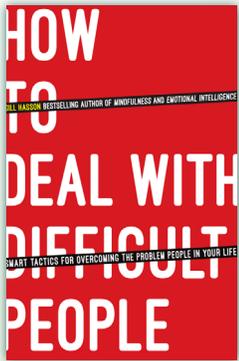
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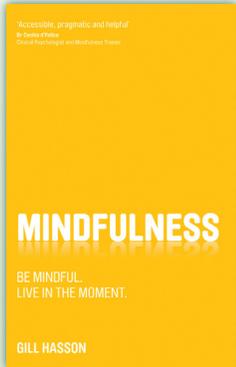
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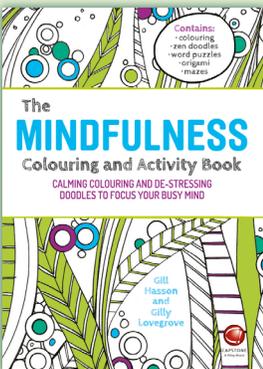
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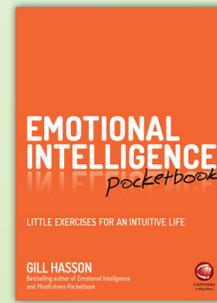


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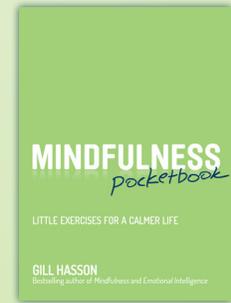
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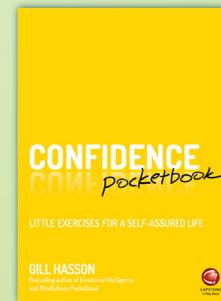
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Gill Hasson is a bestselling personal development author, whose reassuring approach has helped thousands of people develop and understand the skills they need to lead a more peaceful, stress-free life. Working with people from diverse backgrounds and situations, her key motivation is her belief in the ability of people to positively change their way of thinking - about life, other people, and themselves. Hasson is an associate tutor at the University of Sussex.