

## Help

### About Wiley CulinarE-Companion™

Designed to support chefs throughout their careers, Wiley CulinarE-Companion™ Recipe Management Software accompanies *Professional Cooking*, by Wayne Gisslen; *Professional Baking*, by Wayne Gisslen, and *Professional Garde Manger*, by Lou Sackett, Jaclyn Pestka, and Contributing Author Wayne Gisslen.

Wiley CulinarE-Companion™ includes all of the recipes from the textbook you are using plus bonus recipes, audio pronunciations, illustrated procedures, and technique videos, as well as the ability to create shopping lists, resize recipes, perform metric conversions, and analyze the nutritional content of ingredients and recipes. You may even add your own recipes, photos, and videos, and create your own cookbooks.

*Note: Only the recipes, procedures, images, and technique videos from the textbook associated with your registration card will be added to the Wiley CulinarE-Companion™ database when you download the software.*

### System Requirements

This software is supported on the following platforms:

#### PC System Requirements

Minimum requirements:

Pentium IV  
1024 MB RAM  
Windows XP, Windows Vista, Windows 2003 Server (for Network version)  
Internet Explorer 8 or Firefox 3

Preferred requirements:

Intel Core processor  
2048 MB RAM or higher  
Windows 7, Windows Server 2008 (for Network version)  
Internet Explorer 8 or Firefox 3

#### Mac OS X System Requirements

Minimum requirements:

PowerPC G5  
1024 MB RAM  
Mac OS X, version 10.4  
Safari 3 or Firefox 3

Preferred configuration:

Intel-based Mac  
2048 MB RAM or higher  
Mac OS X, version 10.5, 10.6  
Safari 4 or 5 or Firefox 3

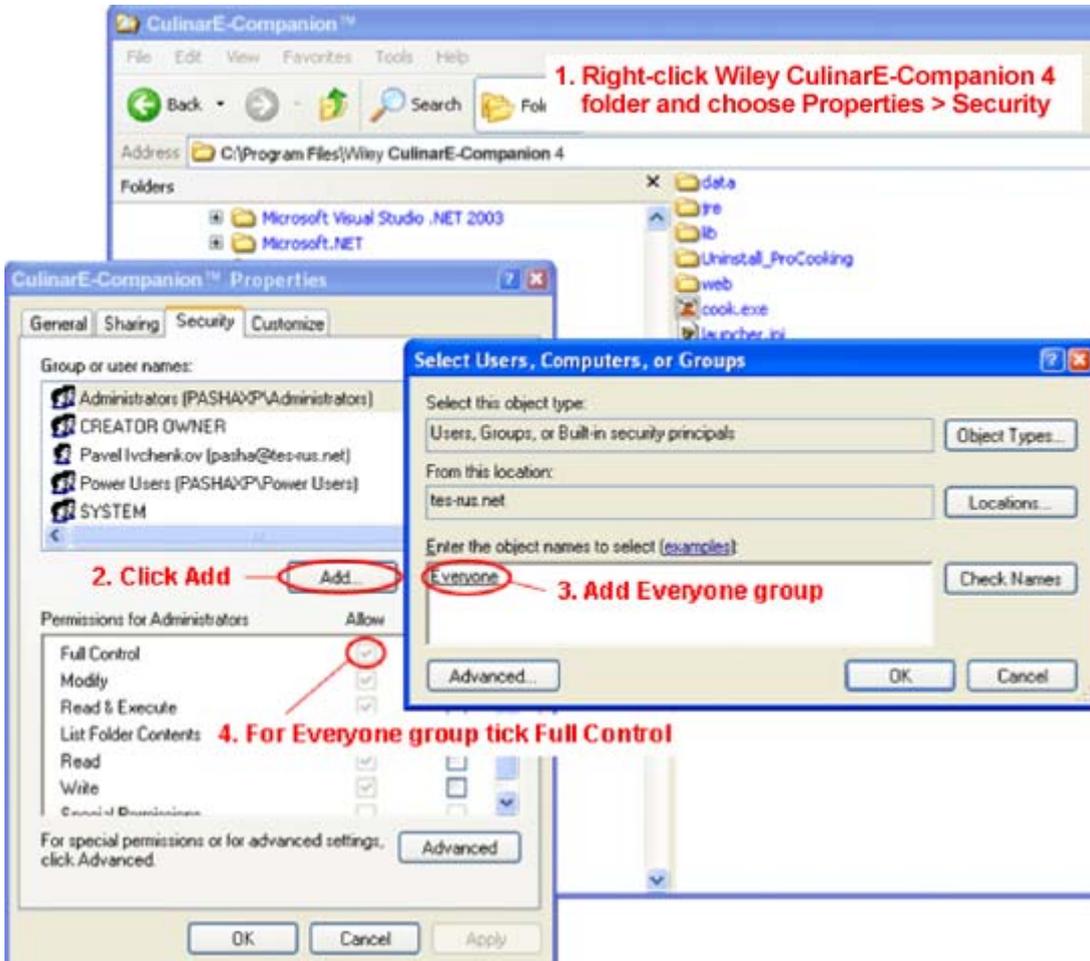
NOTE: Netscape is not supported.

To run the CulinarE-Companion program the following software must be installed on your computer:

- TCP/IP
- The Adobe Flash Player plug-in is necessary to view some program features. It is available for free at: <http://www.adobe.com/products/flashplayer/>
- The print option requires Adobe Acrobat Reader. If you do not have this program, it is available for free at: <http://www.adobe.com/reader>.

## XP and Multiple Users

In order to use the Wiley CulinarE-Companion™ application and all of its functionality, the user installing the application must have administrative rights (full control) to the machine to which the application is being downloaded. The CulinarE-Companion database will be placed in C:\Program Files\Wiley CulinarE-Companion 4\ folder (unless another directory is chosen by the user). To add data to the database, all potential XP users must have rights to write/delete files in that folder (admin rights to that folder). This right can be granted by the user installing the Wiley CulinarE-Companion™ application. In the case of a NTFS system, the administrator must create an "everyone" group and provide the group "full control" privileges to the folder.



Note1: The admin can create another group instead of "everyone" and add only those selected users to whom the admin would like to provide full rights. In that case, a "guest" user will not be able to access the program.

Note 2: It is a requirement that all users/sub-users have admin rights rights to the install folder of the PC application to access and use all features and functionality in the PC application. This is because the Wiley CulinarE-Companion™ application is a single-user product.

## Previously Installed Versions of CulinarE-Companion

### CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition installed:

If you have already installed CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition and you have added your own assets (recipes, ingredients, shopping lists, etc.) to this version, all of your assets will appear in the CeC 4.0 for Professional Cooking 7<sup>th</sup> Edition by doing the following:

1. Install CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition

2. Run CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition for the first time and you will see all your assets appear in the CeC 4.0 software. In addition, you will see both textbooks listed under the cookbook listings in the CeC 4.0 software.
3. Uninstall CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition from your machine because no new assets created in CeC 3.0 can be imported into CeC 4.0 after you have installed CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition..
4. Important: you should run CeC 4.0 application at least once before uninstalling CeC 3.0 application.

Recommendation: In order to save disk space on your computer, it is recommended that just before uninstalling the CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition, you should run the CeC 3.0 version for the last time and delete all your assets from this version since all of your assets now reside in the CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition.

#### **Professional Cooking, 6<sup>th</sup> Edition and CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition both installed:**

If you are already have CeC 2.0 for Professional Cooking, 6<sup>th</sup> Edition installed and then you upgraded it with CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition, then all of your own assets (recipes, ingredients, shopping lists, etc.) are already in the CeC 3.0 version. You should then proceed with the steps described above for CeC 3.0 for Professional Baking, 5<sup>th</sup> Edition.

#### **CeC 2.0 for Professional Cooking, 6<sup>th</sup> Edition installed:**

If you are already have CeC 2.0 for Professional Cooking, 6<sup>th</sup> Edition installed and you have added your own assets (recipes, ingredients, shopping lists, etc.) to this version , then do the following:

1. Install CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition
2. Run the application for the first time and all of your assets will be imported. Please note that instead of seeing Professional Cooking, 6<sup>th</sup> Edition under the cookbook listing, you will now see Professional Cooking, 7<sup>th</sup> Edition listed in the software.
3. Uninstall CeC 2.0 for Professional Cooking, 6<sup>th</sup> Edition from your computer, because no new assets created in CeC 2.0 can be imported into CeC 4.0 after you have installed CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition.
4. Important: you should run CeC 4.0 application at least once before uninstalling CeC 2.0 application.

Recommendation: In order to save disk space on your computer, it is recommended that just before uninstalling the CeC 2.0 for Professional Cooking, 6<sup>th</sup> Edition, you should run the CeC 2.0 version for the last time and delete all your assets from this version since all of your assets now reside in the CeC 4.0 for Professional Cooking, 7<sup>th</sup> Edition.

If you have any previous versions of CulinarE-Companion already installed on your computer and you have any questions or issues, please refer to <http://wiley.custhelp.com/app/> for additional assistance.

#### **Customer and Technical Support**

This program contains files in both Flash and PDF format. If you do not have a PDF reader or a Flash player installed on your computer, you may download the latest readers and players for free at [www.adobe.com/downloads](http://www.adobe.com/downloads).

If you cannot find the answer to your question in the Help section, please contact us by phone or through online support.

#### Online

For technical support, please visit the Wiley Customer Support Website at <http://wiley.custhelp.com/app/>. This searchable knowledge base contains FAQs, installation notes, content updates, and more for many of our current products. It also enables you to contact a technical support representative directly if you do not find the answer to your question.

#### By Phone

Call 1-800-762-2974 (U.S.) and 1-317-572-3994 (international) from 8:00am to 8:00pm Eastern time, Monday through Friday.

## SOFTWARE-TROUBLESHOOTING

### Uninstalling / Registry Key

There is a known issue with InstallShield, which is the program used to install/uninstall the Wiley CulinarE-Companion™ application. Sometimes, when the program is uninstalled, a registry key is not automatically removed. The key is: HKEY\_LOCAL\_MACHINE\SOFTWARE\Wiley\...

This key will not affect your computer or future installations of the Wiley CulinarE-Companion™ application.

### Proxy Error Notes

Note 1: You do NOT need an active Internet connection to run the Wiley CulinarE-Companion™ application. When you run the Wiley CulinarE-Companion™ application, you may get a message suggesting that an Internet connection is not available. If you select "Work offline," this setting will prevent communication with the program server operating on your computer, and the program will not function properly. Please choose "Try Again" (or "Connect"), and the application should launch without a problem.

Note 2: If you use a local network with proxy server, you should select the check box "Bypass proxy server for local addresses" in your Internet settings. Please check: **Internet Options > Connections > Local Area Network (LAN) Settings > Proxy server**. In some network configurations, system administrator should adjust proxy settings to allow the program to work with localhost (i.e. 127.0.0.1).

Note 3: If you have a pop-up blocker installed in your Web browser, it may interfere with the functioning of the Wiley CulinarE-Companion™ application, which does use pop-ups. Please disable your pop-up blocker while you are using this software and work with "Browser's Security Level."

### NT 4.0 / IE 6

In the NT 4.0 IE 6 environment, the red edit choices to the left of recipe ingredients are non-functional. If you are experiencing this issue, please update your version of IE. Firefox / Cookies. If cookies are disabled in Firefox, the Category and Main Ingredient Refinements will not appear.

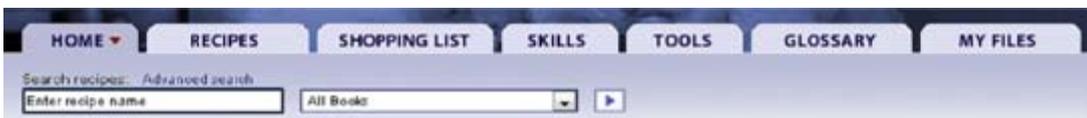
### Software Navigation



The main toolbar at the top of each page, allows you to easily navigate through the Wiley CulinarE-Companion™ application.

### ABOUT

#### About: HOME



Whenever the Wiley CulinarE-Companion™ application is launched, it opens to the **HOME** page. From the **HOME** page, you may link directly to any of the **Cookbooks** (including cookbooks you create), **Recently Viewed Recipes**, or **Technique Videos**. A **Search recipes** and **Advanced search** function is also available, allowing you to easily search recipes by name, related key word, or even the primary cooking method or cuisine.

In addition, the **HOME** page provides links to the Wiley web site where you will be able to find information about additional titles by Wayne Gisslen and other Wiley culinary arts publications.



### About: PREFERENCES

The **Preferences** function, located on the upper right hand side of the application under the Wiley logo, allows you to update your ingredient amount preference (US, Metric, or Both), change the order of the cookbook titles in the application, and add or rename your own cookbook title.

The application displays, by default, both **US** and **Metric** ingredient values. When you select the **US**, **Metric**, or **All** button, and you click the **SAVE** button, the ingredient amount values in the recipe display will change to that selection.

When you have multiple cookbooks available, you can change their display order in the cookbook selection dropdown boxes by selecting the   up or down indicator. Click the **SAVE** button in order to make your selection permanent.

To create a new cookbook title, enter the cookbook title and author name, click **+ADD NEW** button, and click the **SAVE** button to save the new cookbook title. To rename a cookbook title, select a title from the drop-down list, enter the new cookbook name and author name, click the **RENAME** button, and click the **SAVE** button to save this revised cookbook title.

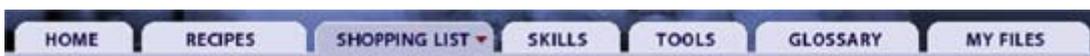
### About: RECIPES



Clicking on the **RECIPES** tab brings you to the "heart" of the Wiley CulinarE-Companion™ application. From this page, you may choose to view recipes, access the nutritional analysis of an ingredient in the **Ingredient List**, **Create** or **Add a New Recipe**, or **Add a Cookbook**.

*Note: Only the recipes, procedures, images, and technique videos from the textbook associated with your registration card will be added to the Wiley CulinarE-Companion™ database when you download the software.*

### About: SHOPPING LIST



The **SHOPPING LIST** function allows you to easily create shopping lists automatically from recipes. You can even easily generate a combined shopping list from multiple recipes.

### About: SKILLS



The **SKILLS** tab includes a **Skills Library**, a **Procedures Library**, and a **Technique Video Library**. The **Skills Library** presents a collection of key procedures, recipes, and technique videos organized in a manner that illustrates and reinforces core cooking techniques. The **Procedures Library** is an alphabetical listing of the key procedures referenced in the recipes, as well as bonus procedures highlighting fundamental techniques required to execute the recipes. The **Technique Video Library** is an alphabetical listing of all of the video clips in your Wiley CulinarE-Companion™ database.

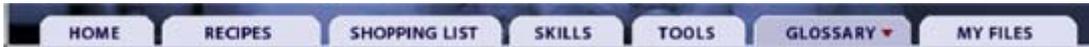
*Note: Only the recipes, procedures, images, and technique videos from the textbook associated with your registration card will be added to the Wiley CulinarE-Companion™ database when you download the software.*

### About: TOOLS



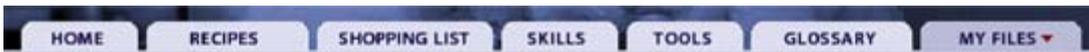
The **TOOLS** tab includes useful reference tables, such as Metric Conversion Factors and Approximate Weight-Volume Equivalents for Dry Foods.

#### About: GLOSSARY



Wiley CulinarE-Companion's™ **GLOSSARY** contains over 1,800 culinary terms, with audio pronunciations for over 700 foreign terms.

#### About: MY FILES



**MY FILES** is where all of your personal recipes, photos, videos, and other documents that you attach to the program are organized for easy access. You can classify them so they are easy to find for future reference. You also can easily replace and update files as your skills progress.

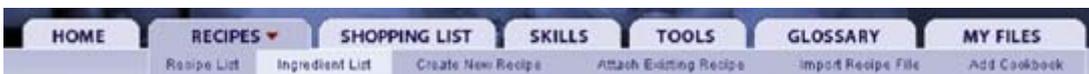
#### About: RECIPE LIST



The Recipe List is an alphabetical listing of all of the recipes included in Wiley CulinarE-Companion™. You can re-sort the list by author or revision date. You can also choose to refine the list by clicking any of the options under **Refine List**, such as a primary cooking method or main ingredient. You can also use the drop down menu under **Browse Recipes** to choose a particular cookbook.

*Note: Only the recipes, procedures, images, and technique videos from the textbook associated with your registration card will be added to the Wiley CulinarE-Companion™ database when you download the software.*

#### About: INGREDIENT LIST



The **Ingredient List** is an alphabetical listing of all of the ingredients in the Wiley CulinarE-Companion™ database. Choosing an ingredient allows you to view the nutritional analysis for that ingredient. You may even add new ingredients to the database.

#### About: RECIPE DETAILS



On this screen, you may view all of the information necessary for a recipe's proper execution: **Portion Size, Yield Information, Ingredients, Procedures, Notes, and Variations**. Under **Portion size**, the application allows you to double or halve the recipe and adjust portion size, as well as convert all measurements into metric. For recipes that can be prepared in multiple stages, Wiley CulinarE-Companion™ divides the recipe into its separate **Stages**. You also can listen to the audio pronunciation of a recipe name (if available) or easily access any cross-referenced procedures or recipes by clicking on the applicable hyperlinks.

**About: NUTRITION**

Nutrition Facts	per 100 g
Calories	78.3 kcal
Total Fat	6.89 g

**About Nutrition Facts**  
The Wiley CulinarE-Companion™ application calculates a percentage of an ingredient are multiplied to this portion and then calculated with all of the other ingredients. If an ingredient weight is in pieces (or there is no data for that ingredient), the application will use the weight of the pieces.

The **Nutrition** tab within each Recipe displays a recipe's nutritional analysis. The Wiley CulinarE-Companion™ application calculates the analysis automatically.

**About: IMAGES**

**Quail with Creole Spices**  
Cookbook(s): Professional Cooking, 7th edition  
Author: Wayne Osslen  
Updated: 01-11-2010

RECIPE DETAILS   NUTRITION   **IMAGES**   VIDEOS   CLASSIFY THIS RECIPE

Photos (1) ?

From the **Images** tab within each Recipe, you can view the photo(s) associated with a recipe, if available. You may even add your own images.

See [Add: IMAGE](#).

**About: VIDEO**

RECIPE DETAILS   NUTRITION   IMAGES   **VIDEOS**   CLASSIFY THIS RECIPE

Videos (0)   [Upload a New Video](#) ?

From the **Videos** tab within each Recipe, you can view the technique video associated with a recipe, if available. You may even add your own video clips.

See [View: TECHNIQUE VIDEO](#); [Add: TECHNIQUE VIDEO](#).

**About: CLASSIFY THIS RECIPE**

RECIPE DETAILS   NUTRITION   IMAGES   VIDEOS   **CLASSIFY THIS RECIPE**

Recipes may be assigned to one or more Cookbooks, Categories, Main Ingredients, Primary Cooking Methods, Cuisines, Courses, Dietary Considerations, or Exclusions from Search. By assigning appropriate fields to a recipe, the parameters are included during a Search function. You may add or delete any category from any recipe by checking or unchecking a box next to the item. You may also add entries to each field by clicking on the appropriate Edit link. Be sure to click on Save after making any changes to this page. Note that author entered selections are not removable.

From the **Classify This Recipe** tab within each Recipe, you can assign or change how an individual recipe is classified by the Wiley CulinarE-Companion™ application. Recipe searches and recipe lists - refined by cookbook, category, cuisine, main ingredient, primary cooking method, dietary consideration, and dietary restriction - depend upon your classifying every recipe you add or edit using the items located in the scroll-down lists on this page.

See [Add: Classify this Recipe](#); [About: ADVANCED SEARCH / REFINE](#).

**About: INGREDIENTS**

HOME   RECIPES   SHOPPING LIST   SKILLS   TOOLS   GLOSSARY   MY FILES

Recipe List   Ingredient List   Create New Recipe   Attach Existing Recipe   Import Recipe File   Add Cookbook

Search ingredients:

**Ingredient List**   [ADD NEW INGREDIENT](#)

Ingredients: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

To add ingredients to the master list included in the application, select the Add New Ingredient button. On the Add New Ingredient screen, enter the name of the new ingredient you wish to add directly beneath Details. If you know the Nutrition Facts for the new ingredient, enter these in the boxes provided. If you don't have all the Nutrition Facts at hand, click on the USDA Nutrient Data Laboratory link to obtain this information. If an existing ingredient has the same additional information of the ingredient you want to add, you can select the existing ingredient (so the nutrition facts are populated) and then add the new ingredient's name. When you are finished entering all the information for your new ingredient, click on the SAVE button.

Need More nutritional information for this ingredient?  
Find and download nutritional data from the following sources:

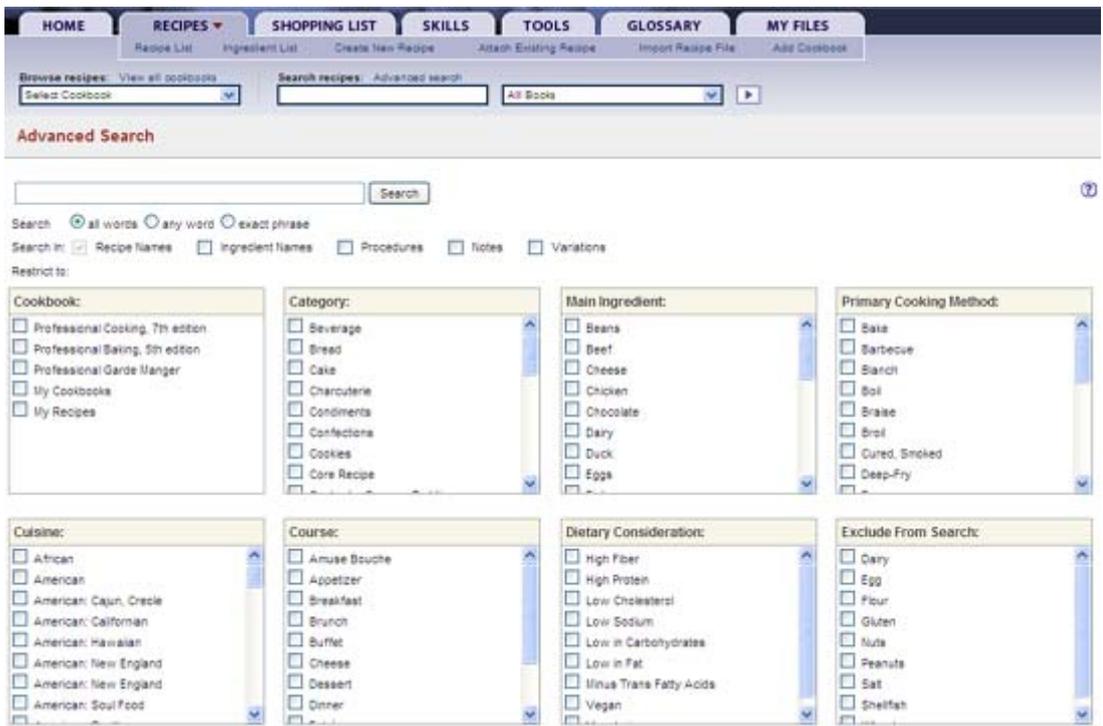
- USDA Nutrient Data Laboratory

From this page, you may access the nutritional information for the ingredients in the Wiley CulinarE-Companion™ application. If there are ingredients that are not included in the database, in certain cases, you may obtain the missing nutrient data by clicking on the [USDA Nutrient Data Laboratory](#) link and searching the USDA National Nutrient Database, or you may add your own information.

**About: ADVANCED SEARCH / REFINE**



The recipes included in Wiley CulinarE-Companion™ have been classified by their category, cuisine, main ingredient, primary cooking method, dietary consideration, and dietary restrictions. The **Refine** function on the **Recipe List** page allows you to narrow your search by these classifications.



The **Advanced search** function allows you to narrow your search by multiple classifications, as well as by a key term.

**ADD****Add: ATTACH EXISTING RECIPE**

The screenshot shows the 'Create/Edit Recipe - Attach Existing File' page. At the top, there are navigation tabs: HOME, RECIPES, SHOPPING LIST, SKILLS, TOOLS, GLOSSARY, and MY FILES. Below these are search filters for 'Browse recipes' and 'Search recipes'. The main form has several sections: 'RECIPE DETAILS' with fields for 'Recipe Name' and 'Recipe Author'; 'UNITS' with dropdowns for 'US Portion size', 'US Yield', 'Metric Portion size', and 'Metric Yield'; and 'PROCEDURES' with a text area and a 'Delete This Recipe' link. A note at the bottom of the form states: 'Note: The file you have just uploaded can be found in the Procedures box. Please do not delete the link. To complete the task of adding a recipe by attaching a file, fill in the Recipe Name and Recipe Author in the boxes to the left. As a reminder, while optional, if you want to utilize the nutritional analysis and shopping list functions, you will need to complete the portion/size and ingredient information. If your file is not already loaded or you want to add another file, click the Upload File link in the Procedures box. Click Save & Close. You can easily find your recipe under the MY FILES tab or in the Recipe List under My Recipes.'

You may add any file that you have saved to your hard drive or other storage device to the Wiley CulinarE-Companion™ database as a recipe. To attach an existing file, click **Attach Existing Recipe** under the **RECIPES** tab and follow the instructions to browse and upload a file. On the resulting page you will see the hyperlink to your file in the Procedures box at the bottom of the page. Assign a **Recipe Name** and **Author** to this file so that you can easily locate it later under the **MY FILES** tab. This file will be saved in the Wiley CulinarE-Companion™ software, in addition to still being stored on your storage device. When you open the recipe from the software, the link to the attachment will appear in the procedure field.

**Add: CLASSIFICATIONS TO A RECIPE**

The **Advanced search** and **Refine** functions in Wiley CulinarE-Companion™ depend upon your classifying every recipe you add or edit using the classifications located on the **Classify This Recipe** page. When viewing an individual recipe, click the **Edit** button, then click on the **Classify This Recipe** tab. You may select as many classifications as you like (by checking the corresponding boxes). Before leaving the **Classify This Recipe** page, make sure to click the **Save** button or **Save & Close** button in order to make your selections permanent. See [Edit: CLASSIFY THIS RECIPE CLASSIFICATIONS](#).

*Note: "Locked classifications" cannot be renamed or deleted because they are associated with the recipes that are included with the Wiley CulinarE-Companion™ application.*

**Add: COOKBOOK**

There are three ways to add a new cookbook:

1. Click the **RECIPES** tab, then click **Add Cookbook** on the right hand side of the toolbar. On the resulting **Add New Cookbook** page, enter the name and author of the new cookbook in the boxes provided and then click the **Add New Book** button;
2. When viewing an individual recipe, click the **Classify This Recipe** tab, then click **Edit**. Then under **Cookbook**, click the **+ Edit** link. On the resulting pop-up box, enter the name and author of the new cookbook in the boxes provided, and then click **+ Add New Book**. You must click **Save** before closing the pop-up box in order to save your newly added cookbook; or

- Click the **Preferences** link located at the upper right hand corner of each page. A pop-up box will appear. Enter the name and author of the new cookbook in the boxes to the right of **Enter a new item**, and click **+ Add New**. You must click **Save** before closing the pop-up box in order to save your newly added cookbook.

### Add: CREATE RECIPE

By using the **Create Recipe** function, you will be able to take advantage of the full range of functionality offered by Wiley CulinarE-Companion™, including the nutritional analysis and shopping list functions. Click the **Create New Recipe** tab under the **RECIPES** tab. You can navigate from entry to entry on the resulting **Create/Edit Recipe** screen by using the Tab button on your keyboard. To input the relevant recipe information:

- Enter all new recipe details in the boxes provided, including: **Author**, **Recipe Name**, and **Phonetic Spelling**.
- If there is a foreign or other name for this recipe, click **Add Alternative Name** and type in this information.
- Add **Portion size** and **Yield** information in decimals, not fractions, and in either US or Metric, or both. The application will automatically enter the same unit of measure for **Yield** as is entered for **Portion Size**. If you do not include the **Metric Unit of Measure**, the application will calculate this information automatically for you after you **Save** the recipe.
- Add additional descriptive information about your recipe in the text box provided below the Portion and Yield information.
- To display the **Baker's %** in your recipe if applicable, under the Portion and Yield information, check the box labeled **Show Baker's %**.  
(See [View: BAKER'S %](#));
- To add your recipe to the ingredient list so it can be used as an ingredient in another recipe, check the box labeled Add this Recipe to the Ingredient List (See [Add: RECIPE TO THE INGREDIENT LIST](#)).
- To add **Ingredients**, **Procedures**, **Notes**, and **Variations**, click the **Add Stage** link. This function allows you to group ingredients and related procedures together as you would during the execution of a recipe. You can add as many **Stages** to a recipe as you want, or you can choose to use only one Stage.

My Notes:

Title: Stage 1 Delete This Stage

Ingredients:

	US Amount	US Unit	M Amount	Metric Unit	Baker's %	Ingredient	Preparation
	<input type="text"/>	each	<input type="text"/>	each	<input type="text"/>	Type ingredient name	<input type="text"/>
	<input type="text"/>	each	<input type="text"/>	each	<input type="text"/>	Type ingredient name	<input type="text"/>
	<input type="text"/>	each	<input type="text"/>	each	<input type="text"/>	Type ingredient name	<input type="text"/>

[Add Ingredient](#) [Add Sub-Stage Title](#) [Add End of Sub-Stage](#)  
[Add Procedure](#) [Add Notes](#) [Add Variations](#)  
[Add Stage](#)

- a. To name a **Stage**, enter a name in the **Title** field
- b. To add an **Ingredient**, start typing in the ingredient name and the application will present a list of possible options. Selecting from these options allows Wiley CulinarE-Companion™ to calculate the nutritional analysis. If you choose to select an ingredient that is not on the list, you will need to add this ingredient to the **Ingredient List** in order for Wiley CulinarE-Companion™ to include this ingredient in the nutritional analysis for the recipe. When adding the quantity, if you do not include the **Metric Unit of Measure**, the application will calculate this information automatically for you after you **Save** the recipe. In the preparation field after the ingredient name, enter in any information that pertains to how the ingredient should be prepared.

Title:  Delete This Stage

Ingredients:

	US Amount	US Unit	M Amount	Metric Unit	Baker's %	Ingredient	Preparation
	<input type="text"/>	each	<input type="text"/>	each	<input type="text"/>	Type ingredient name	<input type="text"/>

[Add Ingredient](#) [Add Sub-Stage Title](#) [Add End of Sub-Stage](#)  
[Add Procedure](#) [Add Notes](#) [Add Variations](#)  
[Add Stage](#)

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- c. To create a title for a sub-group of ingredients within a **Stage**, click **Add Sub-Title Stage** and add a title. Click **End of Sub-Title Stage** when you finish adding ingredients to this specific group. d. To add a **Procedure, Note** or **Variation** click the relevant link and enter information as you would in a word processing program, using the formatting buttons - **B** for bold, *I* for italic, and U for underline - as desired.
8. Wiley CulinarE-Companion™ will base its nutritional analysis on the ingredients you selected when adding the ingredients to your recipes. You may choose to add your own nutritional information by clicking on the **Nutrition** tab and adding the nutrition information.
9. To add a photo of your finished dish, click the **Images** tab and upload an image from your hard drive or other storage device. This image will also be saved in your **MY FILES**.
10. To add a video clip for this recipe, go to the **Videos** tab and upload your video as instructed. This video file will also be saved in your **MY FILES**.
11. To classify your recipe so it can be found when using the **Refine** or **Advanced Search** function, click the **Classify This Recipe** tab and select all classifications that apply.

*Note: A recipe remains "unassigned" until it is associated with a cookbook. You can associate an unassigned recipe on the **Classify This Recipe** page.*

To save your recipe, click the **Save** button and remain in the existing recipe screen or the **Save & Close** button if you want to exit this recipe and start a new search or add a new recipe.

### Add: IMAGES

From the **Images** tab within each Recipe, click the **Edit** button. Then click the **Upload a New Photo** link to produce a **File Upload** window, and locate the file you wish to upload. Once a file is selected, click the **Upload** button.

*Note: You cannot add a photo to a Wiley CulinarE-Companion™ recipe unless you save the recipe as a new recipe.*

### Add: INGREDIENT (TO INGREDIENT LIST)

There are two ways you can add an ingredient to the **Ingredient List**:

1. When adding a new recipe as part of the **CREATE RECIPE** function, include an ingredient that is not in the auto populated ingredient list.  
See [Add: CREATE RECIPE](#); or
2. Under the **RECIPES** tab, click **Ingredient List**. On the resulting **Ingredient List** page, click the **+ Add New Ingredient** button. On the resulting **Add New Ingredient** page, enter the name of the new ingredient you wish to add in the **Details** box. If you know the Nutrition Facts for the new ingredient, enter these in the boxes provided. If you do not have all the Nutrition Facts at hand, click the [USDA Nutrient Data Laboratory](#) link to obtain this information. When you are finished entering all the information for your new ingredient, click the **Save** button.

*Note: If an existing ingredient has the same nutritional information of the ingredient you want to add, you can select the existing ingredient (so the nutrition fields are populated) and then add the new ingredient's name.*

### Add: INGREDIENT (TO RECIPE)

When editing a recipe or creating a new recipe, in the **Ingredient** field, start typing in the ingredient name and the application will present a list of possible options. Selecting from these options allows Wiley CulinarE-Companion™ to calculate the nutritional analysis. If you choose to select an ingredient that is not on the list, you will need to add this ingredient to the **Ingredient List** in order for Wiley CulinarE-Companion™ to include this ingredient in the nutritional analysis for the recipe. The letter (R) next to an ingredient indicates that the ingredient is a recipe from the database. It will appear as an ingredient in your recipe with a hyperlink that will allow you to easily access the cross-referenced recipe. When adding the quantity, if you do not include the **Metric Unit of Measure**, the application will calculate this information automatically for you after you **Save** the recipe. In the preparation field after the ingredient name, enter any information that pertains to how the ingredient should be prepared.

To save your recipe, click the **Save** button and remain in the existing recipe screen, or click the **Save & Close** button if you want to exit this recipe and start a new search or add a new recipe.

See [Add: CREATE RECIPE](#).

### Add: RECIPE

You can add a new recipe to your Wiley CulinarE-Companion™ database by either creating a new recipe (**Create New Recipe**) or attaching a recipe (**Attach Existing Recipe**). If you use the **Create New Recipe** function and input all of the necessary information, all of Wiley CulinarE-Companion's™ functionality will be available, such as the **Shopping List** and **Nutritional Analysis** functionality. If you attach a recipe, this added functionality will not work.

See [Add: CREATE RECIPE](#); [Add: ATTACH EXISTING RECIPE](#).

### Add: RECIPE TO COOKBOOK

From the **Recipe List** page, check the box(es) next to the applicable recipe(s) and then click on **+ Add to Cookbook**. In the resulting pop-up box, select the cookbooks to which you would like the recipe added and click **Save**, then **Close**. Remember to click **Save** before **Close** to make your selections permanent. For your personal recipes, you may also add cookbook classifications to your recipes by following the directions under **Recipe Classifications** in the **Classify This Recipe** tab. See [About: CLASSIFY THIS RECIPE](#), [Add: CLASSIFICATIONS TO A RECIPE](#).

## Add: RECIPE TO INGREDIENT LIST

When you add a new recipe by using the function Create New Recipe, you can also add your new recipe to the ingredient list so that it can be used as an ingredient in another recipe. When editing a recipe or creating a new recipe, check the box that says **Add this Recipe to the Ingredient List**.

## Add: RECIPE TO A SHOPPING LIST

There are two ways to add a recipe's ingredients to a shopping list:

1. From the Recipe List page, check the box(es) next to the desired recipe(s) and then click the **+ Add To Shopping List** button.



See [View: RECIPE - LISTS](#); or

2. From the individual recipe page, click the **+ Add To Shopping List** button.

See [View: RECIPE - INDIVIDUAL](#).

From the resulting pop-up screen, select an existing shopping list from the pull-down menu next to the **Select a shopping list** box, or enter the name of a new shopping list in the box next to **Create New Shopping List**. When finished, click the **Save** button.

## Add: SHOPPING LIST

Click on the **SHOPPING LIST** tab and click the **+ Add New Shopping List** button. A pop-up box will appear. Type in the name of your shopping list and click **Save**.

## Add: SHOPPING LIST ITEM

To add an individual ingredient that is not part of a recipe to a **SHOPPING LIST**, click on the **SHOPPING LIST** tab. On the resulting **Shopping Lists** page, select a shopping list. Once you have selected your shopping list, type in an ingredient name into the **Add Item from Ingredient List** box and click **+ Add**. If you select an ingredient from the auto-populated list, this item will be added alphabetically to your shopping list. If an ingredient is not available in the auto-populated list, you can add your own ingredient by typing the item name into the **Add Custom Item** box and clicking the **+ Add** button. Click the **Save** button to make your changes permanent.

## Add: SHOPPING LIST RECIPE

There are two ways to add a recipe's ingredients to a shopping list:

1. From the **Recipe List** view, check the box(es) next to the desired recipe(s) and then click the **+Add To Shopping List** button. See [View: RECIPE - LISTS](#); or.
2. From the individual **Recipe Details** page, click the **+ Add To Shopping List** button. See [View: RECIPE - INDIVIDUAL](#).)

From the resulting pop-up screen click on an existing shopping list from the pull-down menu next to the **Select a shopping list** box, or enter the name of a new shopping list in the box next to **Create New Shopping List**. When finished, click the **Save** button.

## Add: VIDEO

When in edit mode within each recipe, click the **Videos** tab. Click **Upload a New Video** to produce a **File Upload** window. Locate the file you wish to upload. Once a file is selected, click the Upload button.

*Note: You cannot add a video clip to a Wiley CulinarE-Companion™ recipe unless you save the recipe as a new recipe.*

*Note: Videos must be in \*.flv (Flash) format; if your videos are not in Flash format, there are many popular software utilities that can convert your file to Flash. It is not advisable to upload files larger than 1 GB.*

## DELETE

### Delete: COOKBOOK

Click the **Preferences** link located at the upper right hand corner of each page. A pop-up box will appear. To delete a cookbook, click the red "X" to the right of the applicable cookbook title. Click **Save** before **Close** to make your changes permanent.

*Note: Only user added cookbooks may be deleted.*

### Delete: INGREDIENT (FROM RECIPE)

When you are editing a recipe, click the "X" button at the end of the ingredient line to delete it, then click the **Save** button. See [Edit: RECIPE](#).

### Delete: RECIPE

From the **Recipe List** view, check the box(es) next to the recipe(s) you wish to delete, then click the **Delete** button located at the top and bottom of the page.

*Note: Only user added recipes may be deleted.*

### Delete: RECIPE (FROM SHOPPING LIST)

Select the **SHOPPING LIST** tab. On the resulting **Shopping Lists** page, check the box(es) next to the recipe(s) you wish to edit. On the resulting shopping list page, click the red "X" next to the recipe you wish to delete from the list.

### Delete: SHOPPING LIST

Select the **SHOPPING LIST** tab. On the resulting **Shopping Lists** page, check the box(es) next to the recipe(s) you wish to delete, then click the button located at the top and bottom of the page.

## EDIT

### Edit: CLASSIFY THIS RECIPE CATEGORIES

When viewing an individual recipe, click the **Edit** button, click on the **Classify This Recipe** tab, then click the **+ Edit** button next to the respective list. A pop-up box will appear called **Manage Classifications**:

- To enter a new item, enter the name of the new item in the box and click the **+ Add New** button.
- To rename a classification, enter the name in the box and click the **Rename** button.
- To delete a classification, click the red "X" next to the classification title.

Click the **Close** button to return to the previous page.

Before leaving the **Classify This Recipe** page, make sure to click the **Save** button or **Save & Close** button in order to make your selections permanent.

*Note: "Locked classifications" cannot be renamed or deleted because these are associated with the recipes that are included with the Wiley CulinarE-Companion™ application.*

### Edit: COOKBOOK ORDER

Click the **Preferences** link located at the upper right hand corner of every page. On the resulting pop-up screen, click the **Edit** button next to the cookbook you wish to move. On the resulting pop-up screen, you may Move to Top, Move Up, Move Down, Move to the Bottom, or Delete a cookbook. Click the **Save** button.

*Note: Only user added cookbooks may be deleted.*

### Edit: COOKBOOK LIST, COOKBOOK NAME OR COOKBOOK AUTHOR

Click the **Preferences** link located at the upper right hand corner of each page. A pop-up box will appear:

- To enter a new cookbook, enter the name and author of the new cookbook in the boxes to the right of **Enter a new item** and click the **+ Add New** button.
- To rename a cookbook title or author, click on the name of the cookbook you want to rename, edit the content in the boxes to the right of "Select an item from the list", and then click the **Rename** button.
- To delete a cookbook, click the red "X" to the right of the applicable cookbook title.

Click **Save** before **Close** to make your changes permanent.

*Note: Only user added cookbooks can be edited or deleted.*

## Edit: RECIPE

From an individual recipe view, click the **Edit** button located at the top and bottom of the screen. On the resulting **Create/Edit Recipe** page, enter all new recipe data in the boxes provided and click **SAVE** to save the changes or **Save & Close**. See [Add: CREATE RECIPE](#).

*Note: If you select a Wiley CulinarE-Companion™ recipe from the individual recipe view and want to add your notes to the recipe, click the **Edit** button, add your comments in **My Notes** field and click **SAVE**. If you wish to edit a Wiley CulinarE-Companion™ recipe, you must first click the **SAVE AS** button from the individual recipe view and rename the recipe and the author before editing and saving the recipe with the new recipe data.*

### Edit: SHOPPING LIST (INDIVIDUAL)

To edit a shopping list, select the **SHOPPING LIST** tab. On the resulting **Shopping Lists** page, click the shopping list you would like to edit. On the resulting page:

- To add a recipe to a shopping list, see [Add: RECIPE TO A SHOPPING LIST](#).
- To rescale a recipe already included in a shopping list, enter the value in the **Rescale if Needed** box.
- To adjust the quantity to purchase, add the quantity desired in the **Adjust Quantity** field.
- To add an additional ingredient or recipe to your shopping list, see [Add: SHOPPING LIST ITEM](#).
- To delete all of the ingredients from an included recipe, see [Delete: RECIPE \(FROM SHOPPING LIST\)](#).
- To rename your shopping list, click **Rename** and enter a new title.

Make sure to click the **Save** button to make your selections permanent.

## EXPORT

### Export: RECIPE

There are two ways to export a recipe to another location on your computer:

1. From the **Recipe List** page, check the box(es) next to the desired recipe(s), then click the **Export** button located at the top and bottom of the page; or
2. From the individual recipe view, click the **Export** button located at the top and bottom of the page.

On the resulting page, select the desired format for the exported file (.zip, .pdf, .txt, .xls) and the recipe components you would like to include. When finished, click the **Export** button.

### Export: SHOPPING LIST

There are two ways to export a shopping list to another location on your computer:

1. Click on the **SHOPPING LIST** tab. From the main **Shopping Lists** screen, check the box(es) next to the desired list(s) and then click the **Export** button located at the top and bottom of the page; or
2. From the individual shopping list screen, click the **Export** button located at the top and bottom of the page.

On the resulting pop-up screen, select the desired format for the exported file (.xls or .rtf). When finished, click the **Export** button.

## PRINT

### Print: RECIPE

There are two ways to print recipes:

1. From the **Recipe List** view, check the box(es) next to the desired recipe(s) and then click the **Print** button located at the upper right or lower right hand corner of the page. See [VIEW: RECIPE - LISTS](#); or
2. From the individual recipe view, click the **Print** button located at the upper right or lower right hand corner of the page.  
See [View: RECIPE - INDIVIDUAL](#).

On the resulting pop-up screen, select the desired page setup format (full page/portrait, full page/landscape, 3x5 card, 4x6 card) and the recipe components (Notes, Variations, Nutritional Analysis, Photos/Images, Sub Recipes) you would like to include. When finished, click the **Print** button.

*Note: In order to print recipes, you must have Adobe Acrobat Reader. Go to [www.adobe.com/downloads](http://www.adobe.com/downloads), to obtain a free download of this software.*

### Print: SHOPPING LIST

There are two ways to print a shopping list:

1. Click the **SHOPPING LIST** tab and select the shopping list you wish to print, then click **Print**; or

- When viewing an individual shopping list, click the **Print** button.

The shopping list will print as a PDF file.

*Note: In order to print a shopping list, you must have Adobe Acrobat Reader. Go to [www.adobe.com/downloads](http://www.adobe.com/downloads) to obtain a free download of this software.*

## VIEW

### View: BAKER'S %

US Amount	US Unit	M Amount	M Unit	Baker's %	Ingredient
18	oz	0		69.0	Water
0.75	oz	0		3.0	Yeast, fresh
1.6	lb	0		100.0	Whole wheat flour
0.5	oz	0		2.0	Sugar
0.5	oz	0		2.0	Malt syrup
0.75	oz	0		3.0	Nonfat milk solids
1	oz	0		4.0	Shortening
0.5	oz	0		2.0	Salt

**Baker's %** is a method of calculating baking ingredients as a ratio in terms of the weight of a recipe's base ingredient (often it is flour). Baker's Percentage is not the same as True Percent. In True Percent, the total of the ingredients always adds up to 100%. In Baker's Percentage, the weight of the base ingredient (usually flour) in the formula equals 100%. All the other ingredients are calculated in proportion to the weight of flour. The mathematical equation is as follows: (Weight of ingredient/weight of total flour) x 100 = ingredient %.

To view the **Baker's %**, under the **Portion** and **Yield** information, check the box labeled **Show Baker's %**.

To see more about a recipe, See [About: RECIPE DETAILS](#).

### View: CLASSIFY THIS RECIPE CLASSIFICATIONS

There are two ways to view the master list of advanced search/refine classifications included in the Wiley CulinarE-Companion™ program:

- Click Advanced Search from the **HOME** page, **Recipe List** page, or **Recipe Details** page; or
- When viewing an individual recipe, click the **Classify This Recipe** tab.

To view a recipe's assigned classifications, when viewing an individual recipe, click **Classify This Recipe** tab.

### View: COOKBOOKS (ALL)

There are three ways to view a list of all cookbooks saved to Wiley CulinarE-Companion™:

1. Click the **Preferences** link located on the upper right hand corner of each page;
2. Click the **View All Cookbooks** link on the **HOME** page; or
3. Use the pull-down menu under **Browse Recipes** on the **Recipe List** or an individual **Recipe Details** page.

### View: INGREDIENTS (DATABASE)

To view an alphabetical listing of all ingredients included in the Wiley CulinarE-Companion™ database, under the **RECIPES** tab, click **Ingredient List**. You can enter an ingredient name in the search box or select a letter of the alphabet to refine your search. Once you click an ingredient, either the USDA information about this ingredient will be displayed or the information that you may have added on your own. If you added a new ingredient and did not include nutritional information, you can click the [USDA Nutrient Data Laboratory](#) link to search for a close match and choose to add this information on your own.

### View: INGREDIENTS (RECIPE)

See [View: RECIPE - INDIVIDUAL](#).

### View: NUTRITION DATA (FOR INGREDIENT)

See [View: INGREDIENTS](#).

### View: NUTRITION DATA (FOR RECIPE)

When viewing an individual recipe, click the **Nutrition** tab.

### View: RECENTLY VIEWED RECIPES

All **Recently Viewed Recipes** are listed on the **HOME** page.

### View: RECIPE DETAILS

There are 4 ways to view an individual **Recipe Details**:

1. From the **HOME** page under **Recently Viewed Recipes**, click the desired recipe;
2. From the **Recipe List**, click the desired recipe;
3. On the **Recipe List** page, check the box(es) of the recipe(s) you wish to view. Click the **Open** button;
4. Use the **Search** or **Advanced search** function to find the recipe for which you are looking.

The **Recipe Details** tab includes ingredients and procedures grouped in their appropriate **Stages**. To navigate between open recipes, click on the [previous recipe](#) or [next recipe](#) link located at the upper left hand side of the page. Click [back to recipes list](#) to return All Recipes.

### View: RECIPE LISTS

From the **Recipe List** page under the **RECIPES** tab, you may look at any list of recipes saved to the Wiley CulinarE-Companion™ application. From the pull-down menu located beneath **Browse recipes**: click **View All Recipes**, the name of a specific cookbook, **My Cookbooks**, **My Recipes**, or **Unassigned Recipes** and the desired list will appear on the **Recipe List** page. You can then browse the recipes alphabetically or by cookbook, author, or date updated. You may also refine the list by using the **Refine** function or clicking on a letter of the alphabet.

### View: RECIPE - INDIVIDUAL

From the **RECIPES** tab, select a cookbook or other recipe list from the pull-down menu located under **Browse Recipes**. Scroll down the resulting recipe list and then click on the name of the recipe you wish to view. To view two

or more recipes: From the **RECIPES** tab, select a cookbook or other recipe list from the pull-down menu located under **Browse Recipes**. Scroll down the resulting list and click on the check box next to the desired recipes. When finished click on the **OPEN** button located at the top or bottom of the recipe list screen. To navigate between open recipes, click on the previous recipe or next recipe link located at the upper left hand side of the page. Click back to recipes list to return All Recipes.

### View: SHOPPING LISTS

Click the **SHOPPING LIST** tab. On the resulting Shopping Lists page, click the name of the shopping list you would like to view.

### View: TECHNIQUE VIDEOS

There are 4 ways to view Technique Videos:

1. From the **HOME** Page, you can click on Wiley Technique Videos, My Videos, or View All Videos to access each of these video libraries.
2. Under the **SKILLS** tab, click on Technique Video Library and select any technique video title and a video player will appear in a separate window.
3. Under the **MY FILES** tab, click on the Video tab to view videos that you have uploaded.
4. When viewing recipes in the Recipe List, if there is a video camera icon , this indicates that there is a video that accompanies the recipe. Open the recipe and click the **VIDEOS** tab to access the video.

### Browse: RECIPES

From the **Recipe List** page under the **RECIPES** tab, you may look at any recipe list saved to the Wiley CulinarE-Companion™ application. From the pull-down menu located beneath **Browse recipes**: click **View All Recipes**, the name of a specific cookbook, **My Cookbooks**, **My Recipes**, or **Unassigned recipes** and the desired list will appear on the **Recipe List** page. You can then browse the recipes alphabetically or by cookbook, author or date updated. You may also refine the list by using the **Refine** function or clicking on one of the letters of the alphabet.

### Email: RECIPE

From the individual recipe view, click the **Email** button located at the upper right and lower right hand corner of the page. The Wiley CulinarE-Companion™ program creates a .zip file of the recipe (and images, if any) to attach to an email message. Due to system security issues, the program does not attach the .zip file automatically to an e-mail message. You will need to open your e-mail application, find the .zip file on your hard drive, and attach the file to your message. See View: RECIPE - INDIVIDUAL.

Note: If you are using Internet Explorer, you will be asked where to save the .zip file. If you are using Firefox, the zip file will be saved to the desktop.

### Import: RECIPE

In order to import a recipe into Wiley CulinarE-Companion™, the recipe must be in an acceptable format. You can import recipes exported from another Wiley CulinarE-Companion™ application (.zip) (See Export: RECIPE.) or from Mastercook software (.mx2).

To import a .zip file, click the **Import Recipe** button under the **RECIPES** tab and select the **Browse** link to locate the file you wish to upload. Once a file is selected, the imported recipes from the .zip file will be located under the **MY FILES** tab under **My Files**. (See Export: RECIPE to learn about to export your Wiley CulinarE-Companion™ file.) These recipes will also be accessible in your **My Recipes** cookbook.

To import a .mx2 file (Mastercook file), click the **Import Recipe** button and select the **Browse** link to locate the file you wish to upload. Once a file is selected, the imported recipes from the .mx2 file will be located under the **MY FILES** tab under **My Files**. These recipes will also accessible when you click on the **My Recipes** link on the Home Page.

### Open: RECIPE

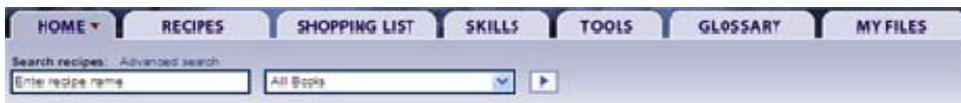
There are 4 ways to open an individual recipe's **Recipe Details**:

1. From the **HOME** page under **Recently Viewed Recipes**, click the desired recipe;
2. From the **Recipe List**, click the desired recipe;
3. On the **Recipe List** page, check the box(es) of the recipe(s) you wish to view. Click the **Open** button; or
4. Use the **Search** or **Advanced search** function to find the recipe for which you are looking.

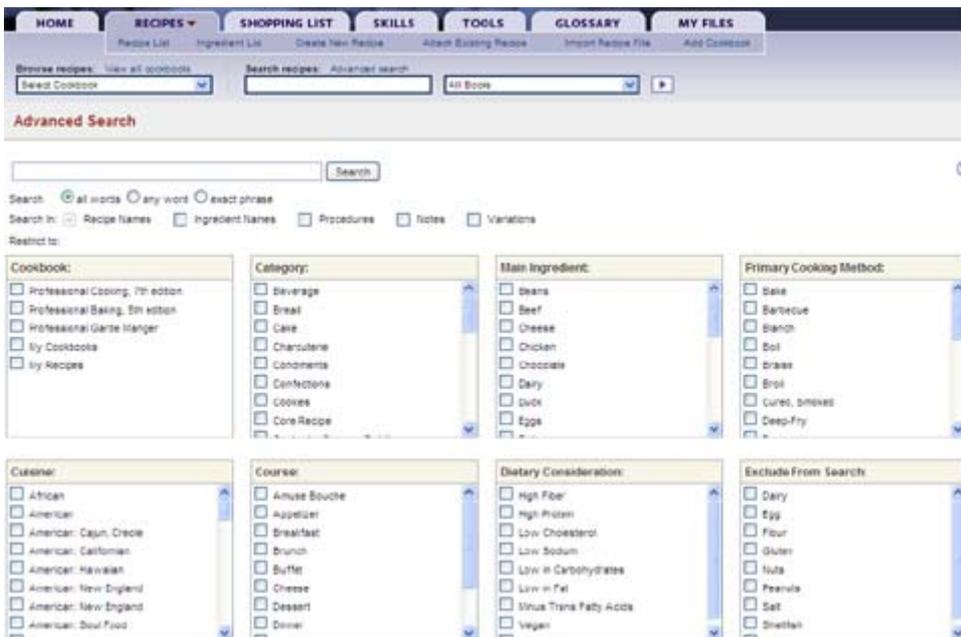
### Search: RECIPES

There are three ways to search for Recipes:

1. From the **HOME** page, the **Recipe List** page, or a **Recipe Details** page, type a keyword - recipe name, main ingredient, etc. - in the **Search recipes** box. You may narrow the search by selecting the cookbook from which you wish to search from the pull-down menu in the adjacent box. Then click . Your search results will appear on a **Recipe List** page.



2. If you would like to conduct a more refined search, from the **HOME** page and from any page on which the **RECIPES** tab is visible, click the **Advanced Search** link. You may choose to enter a key word or merely select a group of categories to narrow your search. When you are finished detailing your search, click the **Search** button.



3. From the Recipe List page under the RECIPES tab, search through the alphabetical list of recipes.

**All Recipes** 2725 recipes  
Updated:

1 - 20 of 2725 results | [next >>](#)

Recipe Name	More Info	Cookbooks Selection	Author	Updated
<input type="checkbox"/> 100% Whole Wheat Bread		<a href="#">Professional Baking, 5th edition</a>	Wayne Gissler	02-15-2008

## USDA

You can obtain nutrient data for recipe ingredients by visiting the USDA Nutrient Data Laboratory website at [www.ars.usda.gov/ba/bhnrc/ndl](http://www.ars.usda.gov/ba/bhnrc/ndl) and searching the USDA National Nutrient Database for the information for which you are looking.