Mental health service users and carers are increasingly involved in the planning and delivery of a mental health education that gives a "real-life" perspective to the practice of mental health care. *Teaching and Learning about Mental Health* is designed to teach and train new mental health workers, using an interdisciplinary approach. Divided into three parts, the first discusses learning from service users; the second looks at innovative practices in teaching and learning; and the final part examines several approaches in teaching and learning, all illustrated with examples.

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