DESCRIPTION

Comprehensively, concisely and up-to-date - this text reviews in detail all aspects of the diagnosis and pharmacological treatment of bipolar disorders, one of the most topical issues in psychiatry.

In this manual, rather than presenting treatment algorithms, the authors have chosen to present a synopsis of the literature and knowledge based on daily clinical practice. At the end of each chapter, the important concepts and recommendations are summarized for the reader as a reminder of the key points.

The French version of this book, (published in 2004), received a prize in the category Specialized Medicine at the 3rd international festival of the medical books, Amiens, France. Since this first French edition, the text has now been revised and more than 500 new references have been added, in order to be updated with the rapidly growing literature in the field.

*Pharmacotherapy of Bipolar Disorders* is an invaluable resource for all psychologists, psychiatrists, interns and residents in psychiatry. It is of interest also for general practitioners, clinicians, nurses and any others who are involved with the management of patients with bipolar disorder.
Jean-Michel Aubry is a psychiatrist and psychotherapist. He is *privat docent* at the Medical School of the University of Geneva where he teaches Neurosciences and Psychiatry. As head of a specialised programme for bipolar disorders at the Department of Psychiatry of the Geneva University Hospital, Dr Aubry's research interests include the pharmacological and psychosocial treatments of bipolar disorders and more specifically, relapse prevention.

François Ferrero is psychiatrist, psychotherapist, professor of psychiatry and chair of the Department of Psychiatry of the University of Geneva. His research in the domain of bipolar disorders aims to better specify the epidemiology and the links with genetics and the environment in order to develop and evaluate ever more effective therapeutic and preventive approaches.

Nicolas Schaad is the pharmacist in charge of the pharmacy *la Côte* that serves the hospital network of the Geneva-Lausanne region. Within this structure, he has developed a clinical pharmacy service. He is *privat docent* in the pharmacy section, and he also teaches in the Department of Fundamental Neurosciences at the University of Geneva. For the past few years, his research interests have been oriented towards a psychopharmacology applied to psychiatric disorders.

Mark S. Bauer is Professor in the Department of Psychiatry and Human Behavior at Brown University and on staff in the Mental Health service of the Department of Veterans Affairs Medical Center in Providence, Rhode Island, USA. He has been recognized with awards for his research, clinical expertise and teaching skills. He served for 11 years on the Scientific Advisory Board for the Depression and Bipolar Support Alliance and has been named Exemplary Psychiatrist by the National Alliance for the Mentally Ill.

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