DESCRIPTION

Written for students and clinicians who are new to chronic fatigue syndrome (CFS), this book aims to de-mystify the illness and its management by offering a detailed exploration of the role of the occupational therapist in facilitating the CFS patient’s recovery. Recognising that working with people with CFS involves all aspects of the occupational therapy process, the book demonstrates how many of the skills gained in occupational therapy training and in other area of clinical practice can be transferred to the management of CFS. Case vignettes and more in-depth studies are used throughout to illustrate the syndrome and its management and a full glossary of terms is also included.

ABOUT THE AUTHOR

Diane Cox is the author of Occupational Therapy and Chronic Fatigue Syndrome, published by Wiley.