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DESCRIPTION

This collection of readings presents the state-of-the-art of clinical psychology! Each article, written by an expert in the field, presents the most exciting new developments and coming trends in psychotherapy. The result is a multifaceted preview of psychotherapy in the year 2000 and beyond!

ABOUT THE AUTHOR

Charles Richard "Rick" Snyder was an American psychologist who specialized in positive psychology. He was a Wright Distinguished Professor of Clinical Psychology at the University of Kansas and editor of the Journal of Social and Clinical Psychology. Rick E. Ingram is the editor of Handbook of Psychological Change: Psychotherapy Processes & Practices for the 21st Century, published by Wiley.