DESCRIPTION

The 2nd Edition of *Introduction to the Practice of Psychoanalytic Psychotherapy*, the highly successful practice-oriented handbook designed to demystify psychoanalytic psychotherapy, is updated and revised to reflect the latest developments in the field.

• Updated edition of an extremely successful textbook in its field, featuring numerous updates to reflect the latest research and evidence base

• Demystifies the processes underpinning psychoanalytic psychotherapy, particularly the development of the analytic attitude guided by principles of clinical technique

• Provides step-by-step guidance in key areas such as how to conduct assessments, how to formulate cases in psychodynamic terms and how to approach endings

• The author is a leader in the field – she is General Editor of the *New Library of Psychoanalysis* book series and a former editor of *Psychoanalytic Psychotherapy*
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