



The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training

Tony Rousmaniere (Editor), Rodney K. Goodyear (Editor), Scott D. Miller (Editor), Bruce E. Wampold (Editor)

E-Book	978-1-119-16557-6	April 2017	£34.99
Paperback	978-1-119-16556-9	June 2017	£38.50
O-Book	978-1-119-16559-0	April 2017	Available on Wiley Online Library

DESCRIPTION

How do the good become great? Practice! From musicians and executives to physicians and drivers, aspiring professionals rely on *deliberate practice* to attain expertise. Recently, researchers have explored how psychotherapists can use the same processes to enhance the effectiveness of psychotherapy supervision for career-long professional development. Based on this empirical research, this edited volume brings together leading supervisors and researchers to explore a model for supervision based on behavioral rehearsal with continuous corrective feedback. Demonstrating how this model complements and enhances a traditional, theory-based approach, the authors explore practical methods that readers can use to improve the effectiveness of their own psychotherapy training and supervision.

This book is the 2018 Winner of the American Psychological Association Supervision & Training Section's Outstanding Publication of the Year Award.

ABOUT THE AUTHOR

Tony Rousmaniere, PsyD, is on the Clinical Faculty at the University of Washington in Seattle, where he also maintains a private practice. He provides consultation and training for therapists around the world.

Rodney K. Goodyear, PhD, is Professor and Chair of the Department of Counseling and Human Services at the University of Redlands, and Emeritus Professor at the University of Southern California.

Scott D. Miller, PhD, is the founder of the International Center for Clinical Excellence, a consortium of clinicians, researchers, and educators dedicated to promoting excellence in behavioral health services.

Bruce E. Wampold, PhD, is Emeritus Professor of Counseling Psychology at the University of Wisconsin-Madison, and Director of the Research Institute at Modum Bad Psychiatric Center, Norway.

To purchase this product, please visit <https://www.wiley.com/en-gb/9781119165569>