All allied health and social care professionals are required to engage in Continuing Professional Development (CPD) in order to systematically maintain, improve and broaden their knowledge and skills and so develop the personal qualities and attributes required in their working lives.

Extensively updated and revised, this second edition now reflects the latest regulatory requirements of health and social care professionals in the UK, and addresses the needs of health professionals working worldwide, including social workers who are now regulated in the UK by the Health and Care Professions Council (HCPC). In addition, new chapters address the specific needs of support workers and students of the relevant professions.

The book discusses the theoretical basis for maintaining competence and offers practical guidance on how to develop a strategy for professional and career development. Ways of developing and maintaining a portfolio and of creating a profile to meet regulatory body requirements are addressed, and there is an emphasis on the development of learning skills, skills of reflection and critical evaluation as central to the CPD process. Attention is given to the specific needs of those professionals working directly with service
users in practice, those holding managerial positions, employed in education and undertaking research.

The second edition of this practical guide provides invaluable advice for successful continuing professional development for health and social care professionals at all stages of their career.

• Provides practical guidance on strategies for lifelong learning and continuing professional development

• Addresses the very latest CPD and regulatory requirements for health and social care professionals

• Includes specific CPD strategies for students and support workers as well as professionals employed in practice, management, education and research

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**ABOUT THE AUTHOR**

**About the author**

**Auldeen Alsop** is Emeritus Professor and former Professional Lead for Occupational Therapy at Sheffield Hallam University. Throughout her career she has held a number of positions in practice, education and research in the UK and also as a commissioner of CPD education for health professionals in South Yorkshire. She holds a Fellowship of the College of Occupational Therapists for her work in developing the profession. Auldeen has published widely on practice learning and CPD and has presented and developed her work internationally, notably in Australia, Canada and South Africa.

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