DESCRIPTION

Case formulation is a key skill for mental health practitioners, and this book provides examples of ten case formulations representing the most common mental health problems in a variety of populations and contexts, offering commentary on contrasting formulations of the same case.

- Provides an overview of the general features of case formulation and how it can drive treatment
- Features clinical cases from a variety of populations, focusing on a range of different problems
- Covers all the major theoretical perspectives in clinical practice – behavioural, cognitive behavioural, psychodynamic, medical, and eclectic
- Offers commentary on contrasting formulations of the same case for five different clinical problems

ABOUT THE AUTHOR

Peter Sturmey is Professor of Psychology at Queens College, and The Graduate Center, City University of New York. He has published extensively on behavioural approaches to case formulation, developmental disabilities, and behaviour analytic approaches to training staff and parents in evidence-based practices for Autism Spectrum Disorders. His main research interests
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