Severe and Enduring Eating Disorder (SEED): Management of Complex Presentations of Anorexia and Bulimia Nervosa

Paul Robinson


DESCRIPTION

The book explores the clinical challenge of long-term eating disorders and examines the physical and psychological problems, family issues and difficulties in day-to-day living that patients with SEED can experience.

- Explores the clinical challenge of long-term eating disorders—often compounded by co-morbidity with depression, self-harm, OCD or psychosis

- Eating disorders can persist for many years, yet are rarely classified as ‘severe and enduring’ in the way that other disorders such as schizophrenia can be

- Introduces Severe and Enduring Eating Disorder (SEED) as a concept, and draws on detailed case histories to describe its assessment and treatment

- Examines the physical and psychological problems, family issues and difficulties in day-to-day living that patients with SEED can experience

- Discusses treatment approaches including Rehabilitation Eating Disorders Psychiatry—also covers treatment in a range of different settings
Dr Paul Robinson is a Consultant Psychiatrist in Eating Disorders Psychiatry at the Russell Unit Eating Disorders Service, part of the St Ann's Eating Disorders Service, Barnet Enfield and Haringey Mental Health Trust. He has been working in Eating Disorders Psychiatry for 23 years.

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