DESCRIPTION

Bringing together an international group of experts from across all health-related disciplines, Comprehensive Handbook of Clinical Health Psychology bridges the gap between health psychology and medicine to provide you with the up-to-date and relevant information and strategies you need to address both the physical and mental health care needs of your clients. Written in an accessible, reader-friendly manner, this reference covers the conditions and trends that have become most prevalent in the field of health psychology today.

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- Includes chapters on all aspects of health psychology, including disease prevention, substance abuse, pain, and sports medicine.

- Contributed to by leading national and international health psychology scholars.

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