Creative Breakthroughs in Therapy: Tales of Transformation and Astonishment
Jeffrey A. Kottler, Jon Carlson


DESCRIPTION

An invitation to observe and achieve transformative breakthroughs in the therapeutic experience

Creative Breakthroughs in Therapy: Tales of Transformation and Astonishment brings together nineteen of the world's most prominent and creative therapists and researchers, taking professionals inside each contributor's creative innovations in theory and technique.

Designed for all therapists who wish to communicate their therapeutic messages creatively and effectively, authors Jeffrey Kottler and Jon Carlson invite you to be inspired from the observations of your peers and consider how these approaches might be applied to your own work.

Drawn from real-life cases, contributors share stories of their most creative breakthroughs, demonstrating out-of-the-box thinking that freed them to create alternative ways of meeting their clients' needs. Creative Breakthroughs in Therapy: Tales of Transformation and Astonishment will motivate you to experiment as an agent of change, exploring new, creative ways to make a difference in people's lives, with wisdom from some of the world's foremost authorities including:

Stephen Lankton, Bradford Keeney, Sam Gladding, Steve Madigan, Michael Yapko, Scott Miller, Jeff Zeig, Judy Jordan, Robert Neimeyer, Laura Brown, Bill O'Hanlon, Cloe Madanes, Len Sperry, Fred Bemak, Nancy McWilliams, Nick Cummings and Alfonso Montuori

The stories in this book represent seminal cases in which eminent practitioners in therapy and related fields express their own unique voices as clinicians. The book focuses on what led each clinician to a creative breakthrough and identifies the common variables—
across all the stories—that might promote innovation in the future. Their experiences will inspire every therapist to discover their own creative path.

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**ABOUT THE AUTHOR**

**Jeffrey A. Kottler** is author of On Being a Therapist and The Mummy at the Dining Room Table, among many other books. He is Professor and Chair of the Counseling Department at California State University, Fullerton. He also established the Madhav Ghimire Foundation, which raises funds from individuals and organizations in order to provide educational opportunities for the most neglected children of Nepal.

**Jon Carlson**, PsyD, EdD, is Distinguished Professor of Psychology and Counseling at Governors State University and a psychologist with the Wellness Clinic in Lake Geneva, Wisconsin. In addition to serving as the long-time Editor of the Family Journal, Jon is the author of forty books including *The Intimate Couple* and *Inclusive Cultural Empathy*.

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