DESCRIPTION

This textbook outlines the key areas of mental health practice for those in the early stages of their training, who may not necessarily come from psychology backgrounds.

• Accompanies the lecturer’s book ‘Teaching Mental Health’

• Focuses on the ‘Ten Essential Shared Capabilities’ that have been developed by the Sainsbury Centre for Mental Health

• In partnership with the BABCP, Lord Layard is recommending that more mental health graduates be trained in order to meet demand for mental health services in the UK

ABOUT THE AUTHOR

Theo Stickley trained in counselling and mental health nursing, and practised in both professions for many years. He now teaches mental health at the University of Nottingham and has published widely in the nursing and mental health press. The focus of his research projects in collaboration with people who use mental health services. Theo is a keen gardener, motorcyclist and artist (but has not yet found a way to combine all three simultaneously).

Thurstine Basset trained as social worker and worked as a community worker and social work practitioner, mostly in the mental health field. He is now an independent training and development consultant and runs his own company, which is based in...
Brighton. He works for national voluntary agencies, such as Mind, Together and the Mental Health Foundation. With the Richmond Fellowship, he is the joint course leader for its Diploma in Community Mental Health, which is accredited by Middlesex University. He is a Visiting Fellow at the University of Brighton. He has written mental health learning materials, many of which are published by Pavilion Publishing, with which he works in an advisory role. He likes to walk and watch cricket.

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