证据导向的治疗计划：饮食障碍和肥胖症工作的辅助工作手册

描述

改进精神健康护理的质量

本手册是《证据导向的治疗计划：饮食障碍和肥胖症DVD》的配套手册，它遵循DVD的每一部分，总结重要内容，提供章节复习以及测试问题和答案，以增强对材料的学习。手册可以作为独立的、自我 paced的学习工具，也可以用于课堂或研讨会。

设计用于与DVD结合使用，该手册包括：

- DVD内容的摘要
- 章节复习问题，涵盖关键章节概念
- 测试问题，涵盖选定章节概念
- 答案
References to empirical support, clinical resources, and training opportunities for the empirically supported treatments (ESTs) discussed

- Scripts and critiques of the role-played scenarios demonstrating selected aspects of the ESTs

- Online links to client homework exercises consistent with the therapeutic techniques described and demonstrated

- Explanations of correct and incorrect answers to the test questions from each chapter

Also available:

Evidence-Based Treatment Planning for Eating Disorders and Obesity DVD / 978-0-470-41794-2

Evidence-Based Treatment Planning for Eating Disorders and Obesity DVD Facilitator’s Guide / 978-0-470-56847-7

For more information on these and other titles in the Evidence-Based Psychotherapy Treatment Planning Video Series, visit us on the Web at www.wiley.com/psychology

---

### ABOUT THE AUTHOR

**Arthur E. Jongsma, Jr., PHD**, is the Series Editor for the bestselling PracticePlanners®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for twenty-five years. He is the author or coauthor of over forty books and conducts training workshops for mental health professionals around the world.

**Timothy J. Bruce, PHD**, is Professor and Associate Chair of the Department of Psychiatry and Behavioral Medicine at the University of Illinois College of Medicine in Peoria, Illinois, where he also directs medical student education and serves as associate director of the psychiatry residency training program. Highly recognized as a clinician-educator, Dr. Bruce has received nearly thirty awards for teaching over his career.
SERIES

Evidence-Based Psychotherapy Treatment Planning Video Series

To purchase this product, please visit https://www.wiley.com/en-us/9780470568613