DESCRIPTION

Eating and its Disorders features contributions by international experts in the field of eating disorders which represent an overview of the most current knowledge relating to the assessment, treatment, and future research directions of the study of eating-related disorders.

• Presents the newest models and theories for use in the treatment of patients with eating disorders

• Written specifically to fulfill the needs of clinical psychologists and therapists

• Includes coverage of important service related issues for working with people with eating disorders

• Features chapters from a global group of authors which highlight differing methods and perspectives that can be incorporated into clinical practice

ABOUT THE AUTHOR

John Fox works as a lecturer in clinical psychology in the Division of Clinical Psychology at the University of Manchester where he is involved in training the next generation of Clinical Psychologists, and as a Consultant Clinical Psychologist at the Eating Disorders Clinic at Cheadle Royal Hospital. He has published extensively on eating disorders, with a particular research interest in emotional factors and eating disorders.
Kenneth Goss is a Consultant Clinical Psychologist and Head of Coventry Eating Disorders Service in the UK. Dr. Goss has more than 20 years’ experience working with people with eating difficulties. He has supervised and trained numerous trainee Clinical Psychologists in the field of eating disorders.

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