



Health Anxiety: Clinical and Research Perspectives on Hypochondriasis and Related Conditions

Gordon J.G. Asmundson (Editor), Steven Taylor (Editor), Brian J. Cox (Editor)

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DESCRIPTION

Recent years have seen major advances in the understanding and treatment of health anxiety and hypochondriasis, particularly in relation to the cognitive behavioural approach to anxiety. This volume brings together this knowledge of psychological and pharmacological treatments of health anxiety, and relates it to a conceptual framework which provides a basis for assessment, treatment and ongoing research.

"Asmundson, Taylor and Cox have assembled a group of world class scientists and practitioners for this book. The chapters provide a wealth of information on the causes, assessment and treatment of health anxiety related disorders. I believe that their book is the most significant contribution to date to our understanding of health anxiety related disorders. Everyone working in the health field will find something of worth in this book."

G. Ron Norton, Ph.D, Professor Emeritus, University of Winnipeg, Canada

ABOUT THE AUTHOR

Gordon J. G. Asmundson is a Registered Doctoral Psychologist and Full Professor of Psychology at the University of Regina. He received his doctorate in Psychology from the University of Manitoba in 1991 and in 2005-2006 trained as a Beck Scholar at the Beck Institute for Cognitive Therapy and Research in Philadelphia.

Steven Taylor is the editor of *Health Anxiety: Clinical and Research Perspectives on Hypochondriasis and Related Conditions*, published by Wiley.

Brian J. Cox is the editor of *Health Anxiety: Clinical and Research Perspectives on Hypochondriasis and Related Conditions*, published by Wiley.

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