# DESCRIPTION

This book is a unique treatment manual which looks at the assessment of BDD, offering an treatment model in the form of CBT and pharmacotherapy

- Summarises the current knowledge and theoretical perspectives about BDD

- Covers the practical aspects of assessment, engagement, and therapy

- Uses a number of practical resources, including client handouts

## ABOUT THE AUTHOR

**David Veale** is a Consultant Psychiatrist in Cognitive Behaviour Therapy at the South London and Maudsley NHS Trust and The Priory Hospital North London, and an Honorary Senior Lecturer at the Institute of Psychiatry, King’s College London. His main research and clinical interests are in Body Dysmorphic Disorder (BDD) and Obsessive Compulsive Disorder (OCD). He is the author of four books and over 70 peer-reviewed articles.
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