This volume outlines what is meant by terms such as 'evidence based practice', 'systematic review', 'efficacy', 'effectiveness'. It summarises, in a systematic fashion, the current evidence on diabetes prevention and care to enable the reader to improve their professional practice.

Furthermore, it promotes a critical attitude to the assessment of evidence and engenders enthusiasm for 'lifelong learning'. It also advises clinicians on what to do when there is little available evidence. Chapters consider the evidence base for the definition and classification of diabetes, as well as prevention, identification, treatment, education in IDDM and NIDDM.

The final chapters look at the practical implications of translating this evidence into practice in different environments with different health care systems and different economic levels.

- This is the first book to present an evidence-based approach to diabetes
- Examines the evidence base for the definition and classification of diabetes, as well as prevention, identification, treatment, and education in IDDM and NIDDM
- Looks at the practical implications of translating this evidence into practice in different environments
- The editors are leaders in the move towards evidence-based diabetes care
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