Present Knowledge in Nutrition, 10th Edition

John W. Erdman Jr. (Editor), Ian A. MacDonald (Editor), Steven H. Zeisel (Editor)

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DESCRIPTION

Present Knowledge in Nutrition, 10th Edition provides comprehensive coverage of all aspects of human nutrition, including micronutrients, systems biology, immunity, public health, international nutrition, and diet and disease prevention. This definitive reference captures the current state of this vital and dynamic science from an international perspective, featuring nearly 140 expert authors from 14 countries around the world.

Now condensed to a single volume, this 10th edition contains new chapters on topics such as epigenetics, metabolomics, and sports nutrition. The remaining chapters have been thoroughly updated to reflect recent developments. Suggested reading lists are now provided for readers wishing to delve further into specific subject areas. An accompanying website provides book owners with access to an image bank of tables and figures as well as any updates the authors may post to their chapters between editions. Now available in both print and electronic formats, the 10th edition will serve as a valuable reference for researchers, health professionals, and policy experts as well as educators and advanced nutrition students.

ABOUT THE AUTHOR

John W. Erdman Jr., Ph.D., Professor Emeritus, Department of Food Science and Human Nutrition, University of Illinois, Urbana, Illinois, United States. Dr. Erdman has over 35 years of research and teaching experience focused upon nutritional biochemistry.

His research has included studies of the effects of food processing on the bioavailability of minerals and vitamins, human clinical trials involving lipid metabolism and weight loss and animal trials on diet components and reduction of prostate cancer.
Ian A. Macdonald, Professor of Metabolic Physiology, University of Nottingham Medical School, School of Biomedical Sciences, Queen's Medical Centre, Nottingham, United Kingdom. Dr Macdonald has over 30 years experience of teaching nutrition to medical, pharmacy and dietetics students and is an internationally recognized expert in human energy and macronutrient metabolism research. Specific research interests relate to nutrition and metabolism in obesity, exercise and ageing, with additional interests in the physiological effects of nutrients such as flavanoids on the human cardiovascular system.

Steven H. Zeisel, M.D. Ph.D. Professor of Nutrition and Pediatrics, Nutrition Research Institute, University of North Carolina at Chapel Hill, Kannapolis, North Carolina, United States. Dr. Zeisel is an internationally recognized expert in clinical nutrition, choline metabolism, and nutrigenomics. Dr. Zeisel heads a research institute that studies sources of metabolic variation. Also, he leads a team that developed a web-based course in human nutrition that is used by more than 100 medical schools around the world.

NEW TO EDITION

Now condensed to a single volume, the 10th edition contains new chapters on topics such as epigenetics, metabolomics, and sports nutrition. Other chapters have been thoroughly updated to reflect recent developments. Suggested reading lists are now provided. An accompanying website provides book owners with access to an image bank of tables and figure as well as any updates the authors may post to their chapters between editions.

FEATURES

- Comprehensive coverage of all aspects of human nutrition
- Written by nearly 140 expert authors from 14 countries around the world.
- Contains new chapters on topics such as epigenetics, metabolomics, and sports nutrition
- All existing chapters thoroughly revised and updated
- Dedicated companion website with valuable new features
- An essential reference for researchers, health professionals, policy experts, educators and students.

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