Supporting a Physiologic Approach to Pregnancy and Birth: A Practical Guide
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**DESCRIPTION**

*Supporting a Physiologic Approach to Pregnancy and Birth: A Practical Guide* provides an overview of current evidence and a range of practical suggestions to promote physiologic birth within the United States healthcare system. Presenting the latest evidence available on practical approaches and minimal interventions, this book looks into clinic exam rooms and hospital labor units to investigate the possibilities for improving the pregnancy and labor experience. Contributors discuss recent research and other published information and present a range of ideas, tools, and solutions for maternity care clinicians, including midwives, nurses, physicians, and other members of the perinatal team.

An invaluable resource, *Supporting a Physiologic Approach to Pregnancy and Birth* is a must-have practical guide for those involved in all aspects of pregnancy and birth.

**ABOUT THE AUTHOR**

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• Reviews the normal physiologic changes of pregnancy, labor and birth and discusses care strategies during pregnancy and labor to support normal birth

• Includes focus on broader care and education systems and how maternity care providers can work together to provide seamless quality care and effect solutions and policy changes

• Explores in-hospital and out-of-hospital care methods

• Coverage includes physiology and supportive approach methods; interventions such as touch therapies, water immersion and acupuncture; and organizational approaches, including the current status of policies and recommendations for change

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