Psychobiological Approaches for Anxiety Disorders: Treatment Combination Strategies

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DESCRIPTION

Psychobiological Approaches for Anxiety Disorders presents a comprehensive overview of the latest empirical evidence and research results on combining pharmacological agents and CBT techniques for the treatment of anxiety disorders.

- The first book to focus on the issue of enhancing CBT with pharmacological agents
- Features chapters from leading authors in the fields of psychiatry, pharmacology, clinical psychology, neuroscience, and emotion research
- Contributes significantly to the field by summarizing the contemporary research in combination treatments in anxiety disorders
- A valuable resource for clinicians in training, as well as experienced clinicians seeking to help patients with anxiety disorders

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