Cognitive Self Change: How Offenders Experience the World and What We Can Do About It
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DESCRIPTION

This book draws on the latest literature to highlight a fundamental challenge in offender rehabilitation; it questions the ability of contemporary approaches to address this challenge, and proposes an alternative strategy of criminal justice that integrates control, opportunity, and autonomy.

• Provides an up to date review of the links between cognition and criminal behavior, as well as treatment and rehabilitation

• Engages directly with the antisocial underpinnings of criminal behavior, a major impediment to treatment and rehabilitation

• Outlines a clear strategy for communicating with offenders which is firmly rooted in the “What Works” literature, is evidence-based, and provides a way of engaging even the most antisocial of offenders by presenting them with meaningful opportunities to change

• Offers hands-on instructions based upon the real-life tactics and presentation of the high-risk offender

ABOUT THE AUTHOR

Jack Bush has developed and delivered treatment programs for offenders since 1973. His primary focus has been on the processes and strategies of Cognitive Self Change, which he has adapted to high-risk offenders, violent offenders, substance

**Daryl M. Harris** is a Chartered and Registered Clinical Psychologist working with the Gwent Forensic Rehabilitation Service. He is also director of Positive Approaches to Crime and Exclusion (PACE) Ltd. This organisation has supported the implementation of Cognitive Self Change in several jurisdictions, written and supported the implementation of accredited interventions, and undertaken research into instrumental and gang violence. He has also worked with probation staff in Wales to develop an award winning approach to working with difficult to engage offenders.

**Richard Parker** is the Program Manager for designing and implementing sex offender, violent offender and general offender programs in Juvenile Justice NSW. Prior to this he was the Principal Psychologist, Offender Intervention Programs in ACT Corrective Services. He is currently investigating the role of moral emotions in the onset and maintenance of child sexual offending.

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