DESCRIPTION

The Wiley-Blackwell Handbook of Schema Therapy provides a comprehensive overview of developments in the theory, diagnosis, treatment, research, implementation, and management of schema therapy.

- Presents a comprehensive overview of schema therapy - goes far beyond all previous books on the subject to cover theoretical, research and practical perspectives

- Covers the latest developments, including work on mindfulness and borderline personality disorder, as well as new applications of schema therapy beyond personality disorders

- Includes chapters by leaders in the field including Wendy Behary and Arnoud Arntz, as well as a foreword by Jeffrey Young, the founder of schema therapy

ABOUT THE AUTHOR

Michiel van Vreeswijk is a Clinical Psychologist and CEO of the private practice G-Kracht Psychomeditisch Centrum BV. He is also a certified Cognitive Behavioral Therapist, ISST certified supervisor in Schema Therapy, and an expert on Schema Group Therapy.
Jenny Broersen is a mental health care Psychologist and Psychotherapist, as well as a supervisor in Cognitive Behavior Therapy and ISST certified supervisor Schema Therapy.

Marjon Nadort is a Psychotherapist and Cognitive Behavioral Therapist who is also an ISST certified Schema Therapist and supervisor.