



Janice VanCleave's Food and Nutrition for Every Kid: Easy Activities That Make Learning Science Fun

Janice VanCleave

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DESCRIPTION

How does milk help me grow?

Where do vitamins come from?

Do carrots really strengthen my eyesight?

Find out these answers-in Janice VanCleave's Food and Nutrition for Every Kid. To the delight of children, parents, and teacherseverywhere, America's favorite science teacher brings a welcomeaddition to the popular Science for Every Kid series. Through fun,safe, and easy-to-do experiments, Janice VanCleave teaches kidsages eight to twelve all about food and nutrition.

Kids can learn about leavening agents by mixing baking soda withvinegar. They'll explore why different sweeteners vary insweetness, how to use natural food dyes to dye a T-shirt, and whatthe food pyramid is-plus much more.

Each experiment is broken down into a purpose, list of materials,step-by-step instructions, expected results, and explanations thatkids can understand. Every project has been tested and can beperformed safely and inexpensively using ordinary householdmaterials.

ABOUT THE AUTHOR

JANICE VANCLEAVE is a former award-winning science teacher who now spends her time writing and giving hands-on science workshops. She is the author of more than 40 children's science books.

SERIES

Science for Every Kid Series

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