DESCRIPTION

This valuable resource makes it easier than ever for clinicians to create formal treatment plans that satisfy all the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Focusing on psychological problems that require treatment in inpatient, partial hospitalization, or intensive outpatient settings, this planner provides treatment planning components for 35 serious adult and adolescent behavioral disorders. Following the user-friendly format found in the bestselling The Complete Psychotherapy Treatment Planner, it helps to prevent treatment plan rejection by insurers and HMOs, and brings heightened focus to the treatment process.

Provides behavioral definitions, long- and short-term goals and objectives, therapeutic interventions, and DSM-IV diagnoses for serious mental disorders in adults and adolescents

* Organized by 35 major presenting problems and containing more than 1,000 polished treatment plan components

* Designed for quick reference—treatment plan components can be created from behavioral problem or DSM-IV diagnosis

* Features a workbook format that offers plenty of space to record customized goals, objectives, and interventions

* Provides a thorough introduction to treatment planning, plus a sample plan that can be emulated in writing plans that meet all requirements of third-party payers and accrediting agencies, including the JCAHO.
ABOUT THE AUTHOR

CHRIS E. STOUT, PsyD, is a Senior Vice President of Clinical Applications, Policy, and Development at Forest Health Systems in Des Plaines, Illinois. He edited The Complete Guide to Managed Behavioral Healthcare and is the author of eight other books, including Psychological Assessment in Managed Care.

ARTHUR E. JONGSMA, Jr., PhD, is the founder and Director of Psychological Consultants, a group private practice in Grand Rapids, Michigan. He has more than 20 years' experience with mental health treatment, and is the coauthor of The Complete Psychotherapy Treatment Planner and three other books.

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