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**ABOUT THE AUTHOR**

BEVERLY ENGEL has been a psychotherapist for over twenty-five years. A recognized expert in the fields of relationships, women's issues, and abuse, she is the author of fourteen books, including Loving Him Without Losing You and The Emotionally Abusive Relationship (both from Wiley). Engel has been featured on Oprah, CNN, Ricki Lake, Sally Jessy Raphael, and other nationally syndicated programs.

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