# Adversity Quotient: Turning Obstacles into Opportunities

**Paul G. Stoltz**

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<tr>
<th>Format</th>
<th>ISBN</th>
<th>Date</th>
<th>Price</th>
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<tbody>
<tr>
<td>Paperback</td>
<td>978-0-471-34413-1</td>
<td>May 1999</td>
<td>$35.00</td>
</tr>
<tr>
<td>Hardcover</td>
<td>978-0-471-17892-7</td>
<td>April 1997</td>
<td>$46.00</td>
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## DESCRIPTION

Praise for Adversity Quotient.

"With AQ, Paul Stoltz has done something remarkable: He synthesizes some of the most important information on how we influence our own future and then offers a profound set of observations which teaches us how to thrive in a fast-changing world!" - Joel Barker, President, Infinity, LTD, author of Paradigm Shift.

"Adversity Quotient will show that you have more control over events than you think. The key is changing your beliefs. Believe it or not, that can usually be done in One Minute." - Ken Blanchard, co-author, The One Minute Manager.

"Paul Stoltz's AQ explains why some people, teams, organizations, and societies fail or quit, and how others in the situation persevere and succeed. With this book, anyone or or organization can learn to reroute their AQ and hardwire their brain for success." - Daniel Burrus, author, Technotrends.

"AQ is one of the more important concepts of our time. Paul Stoltz's book provides the direction and tools necessary for putting this idea into practice. It is a must read for anyone interested in personal mastery, leadership effectiveness and/or organizational productivity." - Jim Ericson, Program Director, The Masters Forum.
ABOUT THE AUTHOR

PAUL G. STOLTZ, PhD, is President of PEAK Learning Incorporated and holds a doctorate in organizational communication and development. His many corporate clients have included Deloitte & Touche LLP, Motorola, Abbott Labs, US West, etc. In great demand as a keynote speaker and consultant on such topics as leadership, performance, successful selling, and overcoming adversity, Dr. Stoltz also conducts AQ seminars and workshops for thousands of people each year.

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