Live Long and Prosper: Invest in Your Happiness, Health and Wealth for Retirement and Beyond

Steve Vernon


DESCRIPTION

GET THE MOST OUT OF LIFE

In Live Long and Prosper!, Steve Vernon unveils a new way of thinking that will truly help you live a more happy, healthy, and prosperous life. Based on the latest research and planning strategies typically reserved for large corporations, it will help you answer these important questions:

* Do you have enough money to retire?

* How can you manage your income and expenses so you don't outlive your 401(k) balances?

* How can you invest in your health, so that you won't be wiped out by large medical expenses and are able to live a long, comfortable, and productive life?

* What can you expect from Social Security and Medicare?

* What's the best work/life balance for prosperity and fulfillment?

Live Long and Prosper! will help you move beyond the traditional view of retirement and begin planning for the rest of your life.
ABOUT THE AUTHOR

STEVE VERNON is a Vice President of Watson Wyatt Worldwide, one of the largest human resources consulting firms, with eighty-eight offices in thirty-one countries. For thirty years, he has helped some of America's largest corporations design, finance, administer, and communicate their retirement programs. For more information, visit www.restoflife.com.

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