An essential desk reference for all helping professionals

Social Work in Mental Health: An Evidence-Based Approach is a comprehensive and contemporary guide to the delivery of evidence-based care. Covering a wide spectrum of mental health disorders, editors Thyer and Wodarski have brought together noted experts to provide the most current, empirically supported techniques in the assessment, diagnosis, and treatment of disorders as classified by the DSM-IV-TR.

Coverage ranges from disorders seen in early infancy and childhood through the adolescent and adult years. Disorders covered include:

* Autism
* ADHD
* Substance abuse
* Schizophrenia
* Mood disorders
* Anxiety disorders
* Eating disorders
* Sexual disorders
* Personality disorders
* Mental Retardation

Written and organized in an accessible style, Social Work in Mental Health: An Evidence-Based Approach provides helping professionals with an engaging and easy-to-follow guide to learning how to deliver the most up-to-date mental health care. Examples of evidence-based interventions guide the reader through the process and provide insight into the philosophy as well as the scientific basis underlying each technique and intervention presented. Chapters begin with learning objectives that alert you to the main ideas covered and conclude with provocative study questions that are designed to test your understanding while providing an opportunity for review and reinforcement of the key concepts covered.

Ideal for all helping professionals--from those just starting out to the most seasoned clinician--this guide is a vital reference for anyone looking to stay abreast of contemporary techniques in the delivery of mental health services.

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**ABOUT THE AUTHOR**

BRUCE A. THYER, PHD, is a Professor of Social Work at Florida State University. His research has focused on evidence-based practice, evaluation research, behavior analysis, social work theory, and clinical social work. He has cowritten or coauthored over twenty books, including, most recently, A Social Worker's Guide to Evaluating Practice Outcomes, Program Evaluation: An Introduction, Fourth Edition, and International Perspectives on Evidence-based Practice in Social Work.

JOHN S. WODARSKI, PHD, is Director of Research and Professor of Social Work at the University of Tennessee. He has coedited or coauthored over twenty books, including the Handbook of Violence, Essentials of Child Welfare, and The Social Work and Human Services Treatment Planner, all published by Wiley.

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**NEW TO EDITION**

N/A
FEATURES

- Successor to the acclaimed *Handbook of Empirical Social Work Practice* which has been touted as the first of its kind in social work for scientifically validated interventions.

- Draws together the most recent research on a variety of evidence-based interventions for clinical practice (and which social workers are increasingly required to use under managed care mandates).

- Each chapter examines evidence-based approaches to mental disorders as classified by the DSM.

- Includes learning objectives and study questions.

- Editors and contributors are experts in the field.

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