Resolving Difficult Clinical Syndromes: A Personalized Psychotherapy Approach
Theodore Millon, Seth D. Grossman

DESCRIPTION

A revolutionary, personalized psychotherapy approach for the treatment of Axis I clinical disorders, by renowned expert Dr. Theodore Millon

Acknowledging the primacy of the whole person, Resolving Difficult Clinical Syndromes: A Personalized Psychotherapy Approach takes into account all of the complexities of human nature--family influences, culture, neurobiological processes, unconscious memories, and so on--illustrating that no part of human nature should lie outside the scope of a clinician's regard.


Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for:

* Mood-Related Syndromes: Dysthymic, Major Depressive, and Bipolar Disorders

* Acute, Post-Traumatic, and Generalized Anxiety Syndromes

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Anxiety-Related Psychological Syndromes: Phobic, Dissociative, and Obsessive-Compulsive Disorders

Anxiety-Related Physical Syndromes: Somatoform and Conversion Disorders

Cognitive Dysfunction Syndromes: Substance-Related and Schizophrenia-Spectrum Disorders

Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person who exhibits a notable clinical syndrome.

About the Author

Theodore Millon, PhD, DSc, formerly professor at Harvard Medical School and the University of Miami, is currently Dean and Scientific Director of the Institute for Advanced Studies in Personology and Psychopathology in Coral Gables, Florida. Dr. Millon is one of the world's leading authorities on psychopathology and personality disorders. Developer of the widely used Millon personality assessment inventories, he has been the editor of the Journal of Personality Disorders, President of the International Society for the Study of Personality Disorders, and a key member of the DSM-III and DSM-IV Task Forces.

Seth Grossman, PsyD, is a codeveloper of several personality inventories, and coauthor of numerous theoretical, research, and clinical papers with Dr. Millon. He is also the coauthor with Dr. Millon of Personality Disorders in Modern Life, Second Edition (Wiley).

Features

- Eases inclusion of personality considerations now considered a critical component of good care, into treatment plans.

- Inclusion of both conceptual and practical material provides an all-in-one resource for clinicians.
• Includes many case studies to illuminate strategies.

For additional product details, please visit https://www.wiley.com/en-us