The Psychology of Underachievement: Differential Diagnosis and Differential Treatment
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Hardcover ISBN: 978-0-471-84855-4 April 1988 $300.00

DESCRIPTION

An integrated approach to the psychology of underachievement, unifying theory and practice. Examines different types of underachievers, explores the relationship between personality and underachievement, and provides useful guidelines for clinical practice. Provides an outline and summary of the voluminous (and often contradictory) literature, then presents theoretical models of the underachiever that are grounded in mainstream diagnostic and therapeutic theory. Offers examples of each personality type, so practitioners can easily recognize and treat them.

ABOUT THE AUTHOR

HARVEY P. MANDEL, Ph.D., is a licensed clinical psychologist in Toronto, Canada. He is also an associate professor in the Department of Psychology and Director of the Institute on Achievement and Motivation at York University. As a widely recognized authority in the field of underachievement, Dr. Mandel has addressed more than 10,000 teachers, guidance counselors, psychologists, and social workers on the subject. He has received major awards in the field of underachievement from the Ontario Psychological Foundation, the Bea Wickett Foundation, and York University.
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