

DIABETES**THE FACTS THAT
LET YOU REGAIN
CONTROL OF
YOUR LIFE**CHARLES KILO, MD
JOSEPH R. WILLIAMSON, MD

_____	Diet and Weight Control
_____	Exercise
_____	Stress Reduction
_____	Latest In-Depth Research
_____	Research Controversies
_____	Psychological Coping Strategies
_____	Medical and Pharmaceutical Treatment
_____	Insulin
_____	Medical Emergencies

Diabetes: The Facts That Let You Regain Control of Your Life

Charles Kilo, Joseph R. Williamson, Dick Richmond

Paperback

978-0-471-85801-0

June 1987

\$18.95

DESCRIPTION

"Unlike most books about diabetes, this book is readable as a story--jammed with exciting recent information about a disease that afflicts 100 million people." --Leo P. Krall, MD, Joslin Clinic and Harvard Medical School, President of the Diabetes Research and Education Foundation

Understanding diabetes is the first step a diabetic patient takes toward living a long, active life. If you or someone close to you has been diagnosed with diabetes, here, in lay terms, is a comprehensive explanation that will help you understand diabetes--and learn to cope with it. Specifically not a how-to guide, Diabetes presents clear, scientific coverage of how the body functions and how diabetes affects its various systems. It candidly addresses many controversies in treatment and discusses important new information on vascular damage caused by diabetes. Drs. Kilo and Williamson clearly and carefully explain:

- * Psychological aspects
- * Diabetes and men
- * Diabetes and women
- * Choosing a doctor
- * Diet and exercise
- * Obesity
- * Medication

* Stress

* Complications of diabetes

You will also find exciting information on new developments in diabetes research, such as a new class of drugs--aldose reductase inhibitors--which could revolutionize diabetes treatment.

ABOUT THE AUTHOR

Charles Kilo, MD, is Associate Professor (Clinical) of Medicine at the Washington University School of Medicine in St. Louis, Missouri. He has a large private medical practice, in which over 60 percent of his patients have diabetes. Dr. Kilo is the author of *Educating the Diabetic Patient and Self Blood Glucose Monitoring for the Person with Diabetes Mellitus*. Joseph Williamson, MD, is Professor of Pathology at the Washington University School of Medicine and is a pathologist at Barnes Hospital in St. Louis. Drs. Kilo and Williamson are co-founders of the Kilo Diabetes & Vascular Research Foundation.

To purchase this product, please visit <https://www.wiley.com/en-us/9780471858010>