Mental Health and Productivity in the Workplace: A Handbook for Organizations and Clinicians

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DESCRIPTION

Mental Health and Productivity in the Workplace is a comprehensive and practical guide to identifying, understanding, preventing, and resolving individual and organizational mental health problems in the workplace. Originally published as Mental Health in the Workplace (Van Nostrand/Wiley, 1993), this completely revised, updated, and expanded edition represents the most current thinking in the field and contains contributions from an expert panel of organizational and occupational psychiatrists. With fifty percent more chapters, this new edition adds essential material on creating systems and cultures that encourage organizational productivity and employee mental health and on finding cost-effective, quality mental health care. The book focuses on problems that start "at the top" (executive dysfunction) as well as on the effects of organizational structure, office politics, chronic change, downsizing and employment uncertainty, office wide emotional crises, and aspects of organizational development. In addition, this helpful resource includes information about such basic issues as anxiety, stress, burnout, depression, drug and alcohol abuse, violence, and psychosis.

ABOUT THE AUTHOR

Jeffrey P. Kahn, M.D., is president of WorkPsych Associates, which provides executive assessment, development, coaching, and treatment as well as management, human resource, organizational, and benefits consultation for a wide range of corporations and individuals (www.WorkPsychCorp.com). He also is past president of the Academy of Organizational and Occupational Psychiatry and a clinical assistant professor of psychiatry at the Weill Medical College of Cornell University in Manhattan.
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