



# Learning and Attention Disorders in Adolescence and Adulthood: Assessment and Treatment, 2nd Edition

Sam Goldstein (Editor), Jack A. Naglieri (Editor), Melissa DeVries (Editor)

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## DESCRIPTION

Fully revised coverage with the most current diagnoses and treatments for adolescents and adults living with learning and attention disorders

Reflecting the most recent and relevant findings regarding Learning Disabilities (LD) and Attention-Deficit/Hyperactivity Disorder (ADHD), this Second Edition of Learning and Attention Disorders in Adolescence and Adulthood provides practitioners in the fields of education and mental health with a set of practical guidelines to assist in the assessment, diagnosis, consultation, and treatment of adolescents and adults struggling with LD and ADHD. The new edition includes:

- An emphasis on working from strengths#adapting to disabilities and dealing with them successfully on a daily basis
- New coverage of the causes and long-term implications of LD and ADHD in adolescents and adulthood
- New chapters on treatment effectiveness; building resiliency and shaping mindsets; cognitive therapy; and strategic life coaching to help guide individuals with LD and ADHD

- Contributions from leading researchers, including Noel Gregg, Russell Barkley, Kevin Antshel, and Nancy Mather

Drawing on evidence-based techniques to meet the pragmatic demands for intervention, the Second Edition guides school psychologists, counselors, and educators in promoting positive change for adolescents and adults with LD and ADHD as they strive for success in school, work, and home settings.

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## ABOUT THE AUTHOR

**SAM GOLDSTEIN, PhD**, is a member of the faculty at the University of Utah; maintains a private practice at the Neurology, Learning, and Behavioral Center in Salt Lake City, Utah; and is on staff at the University Neuropsychiatric Institute. He is the Editor in Chief of the Journal of Attention Disorders.

**JACK A. NAGLIERI, PhD**, is Professor of Psychology at George Mason University. Dr. Naglieri authored Essentials of CAS Assessment and coauthored Essentials of WNV Assessment (both published by Wiley). He is the Senior Editor of the Journal of Attention Disorders.

Jointly Drs. Goldstein and Naglieri are developing six new assessment instruments and are coeditors of the Encyclopedia of Child Behavior and Development.

**MELISSA DeVRIES, PhD**, is conducting postdoctoral study at the Neurology, Learning, and Behavior Center in Salt Lake City, Utah. In addition to this text, she has coauthored three book chapters and a peer-reviewed article.

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