# DESCRIPTION

This comprehensive resource details the history, methodology and development of research into psychoneuroimmunology, balancing it with meticulous coverage of both the clinical aspects and practical applications of the subject.

- A much-needed reference including overviews of key advances in the field
- Discusses how psychoneuroimmunological research is conceived and executed
- Includes contributions from a wealth of experts in the field
- Forward by Robert Ader and Nicholas Cohen, founders of the discipline
- Authoritative and interdisciplinary in scope - integrating biological and behavioral science

## ABOUT THE AUTHOR

Alexander Kusnecov is Associate Professor of Psychology at Rutgers University, USA. As well as a number of studies on stress, his work has focused on behavioral conditioning of the immune system, as well as more recently on the neural, endocrine and behavioral consequences of immunologic challenge.
Hymie Anisman is a full Professor in the department of Neuroscience, Carleton University, Canada. He holds the distinguished Canada Research Chair in Neuroscience. The principle theme of his research has been the influence of stressors on neurochemical, neuroendocrine and immune systems, and how these influence psychiatric disorders, including depression, anxiety and PTSD.