Case Studies in Multicultural Counseling and Therapy
Derald Wing Sue, Miguel E. Gallardo, Helen A. Neville

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DESCRIPTION

"Case Studies in Multicultural Counseling and Therapy is a magnificent resource that will help create a greater bridge of understanding between the academic, research, and applied domains of the mental health professions."

#From the Foreword by Thomas A. Parham, PhD, Vice Chancellor, Student Affairs, University of California, Irvine; Distinguished Psychologist, Association of Black Psychologists

An indispensable collection of real-life clinical cases from practicing experts in the field of multicultural counseling and psychotherapy

Case Studies in Multicultural Counseling and Therapy is a one-of-a-kind resource presenting actual cases illustrating assessment, diagnostic, and treatment concerns associated with specific populations. The contributors#well-known mental health professionals who specialize in multicultural counseling and psychotherapy#draw on their personal experiences to empower therapists in developing an individually tailored treatment plan that effectively addresses presenting problems in a culturally responsive manner.

Providing readers with the opportunity to think critically about multicultural factors and how they impact assessment, diagnosis, and treatment, this unique book:

• Covers ethical issues and evidence-based practice

• Integrates therapists' reflections on their own social identity and how this may have influenced their work with their clients

• Considers the intersectionality of racial/ethnic, class, religious, gender, and sexual identities
Contains reflection and discussion questions, an analysis of each case by the author, and recommended resources

Includes cases on racial/ethnic minority populations, gender, sexuality, poverty, older adults, immigrants, refugees, and white therapists working with people of color

Aligns with the ACA’s CACREP accreditation standards, the APA guidelines for multicultural competence, and the AMCD Multicultural Counseling Competencies

ABOUT THE AUTHOR

DERALD WING SUE, PhD, is a Professor of Psychology and Education in the Department of Counseling and Clinical Psychology at Teachers College, Columbia University, where he also holds a joint appointment with the School of Social Work. He is one of the most cited multicultural scholars in the United States.

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HELEN A. NEVILLE, PhD, is a Professor of Educational Psychology and African American Studies at the University of Illinois at Urbana-Champaign. She currently chairs the counseling psychology program and previously was a Provost Fellow at the same institution.

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