Great Myths of Aging

Joan T. Erber, Lenore T. Szuchman

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**DESCRIPTION**

*Great Myths of Aging* looks at the generalizations and stereotypes associated with older people and, with a blend of humor and cutting-edge research, dispels those common myths.

- Reader-friendly structure breaks myths down into categories such as Body, Mind, and Living Contexts; and looks at myths from “Older people lose interest in sex” to “Older people are stingy”
- Explains the origins of myths and misconceptions about aging
- Looks at the unfortunate consequences of anti-aging stereotypes for both the reader and older adults in society

**ABOUT THE AUTHOR**

Joan T. Erber is Professor Emeritus of Psychology at Florida International University. She is the author of *Adult Development and Aging*, 3rd edition (Wiley, 2013). Dr. Erber is a Fellow of the Gerontological Society of America (GSA), the Association for Psychological Science (APS), and the American Psychological Association (APA).
Lenore T. Szuchman is a developmental psychologist and Professor Emeritus of Psychology at Barry University. She is the author of *Writing with Style: APA Style Made Easy*, and co-editor of *Psychological Perspectives on Human Sexuality*.

SERIES

Great Myths of Psychology

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