# Description

In this second edition of the bestselling title from the acclaimed Nutrition Society Textbook series, *Public Health Nutrition* has been extensively revised to ensure that it reflects the latest evidence-based knowledge and research. Ground-breaking and comprehensive in both its scope and approach, *Public Health Nutrition* has been fully updated by an expert editorial team to cover the most recent changes in the field. It now offers a structured overview of the subject’s core concepts and considers public health nutrition tools and the application of intervention strategies.

Divided into five key sections, *Public Health Nutrition* contains a wealth of information, including:

- Public health nutrition concepts and assessment tools, and their application in light of the latest evidence.
- Case studies to illustrate how best to apply the theory and evidence to policy and practice.
- An examination of nutrition throughout the lifecycle, and the relationship between diet and disease, including in relation to obesity, diabetes, cancer, as well as mental health.
- The impact of environmental factors on public health.
- Public health strategies, policies and approaches.

With a clear and concise structure, *Public Health Nutrition* is an essential purchase for students of nutrition, dietetics and other healthcare areas, as well as an invaluable practical guide for health professionals working within public health.
A supporting companion website featuring multiple-choice, short answer, and essay style questions is available at www.wiley.com/go/buttriss/publichealth

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