# DESCRIPTION

Reflective Practice is increasingly recognised as an important topic that has the potential to help nurses to develop and learn from their practice. This practical and accessible guide uses the latest research and evidence to support the development of skills in reflective practice and provides help and advice on how to get started, how to write reflectively and how to continue to use reflective practice in everyday situations.

This fourth edition of Reflective Practice in Nursing contains new material on mentoring and supervision and on group reflection, and includes a new chapter on teaching reflective practice.

Reflective Practice in Nursing is an indispensable guide for students and practitioners alike, who wish to learn more about reflective practice, as well as containing essential information for teachers and lecturers.

## ABOUT THE AUTHOR

Chris Bulman was formerly a Senior Lecturer at the School of Health Care, Oxford Brookes.

Sue Schutz is a Senior Lecturer at the School of Health Care, Oxford Brookes.
FEATURES

* Practical, evidence-based introduction

* Rigorous yet accessible

* Assumes no prior knowledge

* Now in two-colour

* Supports students, mentors and teachers

* New chapter on tips for teaching reflective practice

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