DESCRIPTION

Written by a pioneer in person-centered therapy, this is the only resource to provide full access to the Barrett-Lennard Relationship Inventory (BLRI) – along with information on the instrument’s history and development and supporting materials for counseling practitioners, researchers, and students.

• Provides a complete instrument for measuring empathy in relationships, a critical component for success across a wide range of therapeutic interventions

• Charts the development and refinement of the BLRI over more than 50 years, with particular attention to the influence of Carl Rogers’ theories, and outlines the future potential of the instrument

• Contains all the materials necessary for critical understanding and application of the BRLI, including the full range of forms and adaptations, and guidelines for successful implementation

• Also presents the author’s Contextual Selves Inventory (CSI), which permits direct study of the self as distinctively experienced in different relationship contexts
Godfrey T. Barrett-Lennard is Adjunct Professor in the School of Health Professions and the School of Psychology & Exercise Science at Murdoch University, Australia. He is Honorary Doctor of Murdoch University and Fellow of the American Psychological Association and the Australian Psychological Society. He studied with Carl Rogers at the University of Chicago and his research has focused on relationship in therapy and life systems. He is the author of many books, chapters, articles, and research questionnaire instruments. His most recent publications include *The Relationship Paradigm: Human Being Beyond Individualism* (2013), *Relationship at the Centre: Healing in a Troubled World* (Wiley, 2005), *Steps on a Mindful Journey: Person-centred Expressions* (2003), and *Carl Rogers’ Helping System: Journey and Substance* (1998). He has given addresses and workshops around the world, and in 2011 he was presented with the Carl Rogers Award of APA Division 32 (Society for Humanistic Psychology).