Fundamentals of Mental Health Nursing: An Essential Guide for Nursing and Healthcare Students

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DESCRIPTION

Fundamentals of Mental Health Nursing is an accessible evidence-based introduction to the role of the mental health nurse. This comprehensive overview explores concepts of mental health and distress, ethics and accountability, key nursing models to be aware of, and the prevalence, predisposing factors and features of the most commonly occurring mental health problems.

KEY FEATURES:

• Places mental health conditions and interventions within a wider holistic context

• Situates recovery at the centre of mental health nursing practice

• Links key concepts to mental health across the lifespan

• Contains learning outcomes in each chapter and includes vignettes, activities and reflective exercises to root concepts in real life practice

Information is placed in a practice context from the outset, making this an essential guide to both the theory and the practice of mental health nursing. It is ideal for students on courses relating to mental health care, as well as for registered nurses and health care practitioners looking to revise their knowledge of key concepts.

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• Interactive multiple-choice questions
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