Schema Therapy with Couples: A Practitioner's Guide to Healing Relationships
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DESCRIPTION

Schema Therapy for Couples represents the first practitioner guide to detail effective Schema Therapy techniques in couple and relationship therapy.

• Shows how the distinctive features of ST make it ideal for addressing the cognitive and emotion-focused problems typical in couple relationships

• Presents and integrates a series of innovative tools and interventions such as Schema Therapy with Needs versus Wants, Mode Cycle Clash Cards, limited re-parenting visualization, and chair work

• Authored by an international team of experts in couples therapy and Schema Therapy

ABOUT THE AUTHOR

Chiara Simeone-DiFrancesco founded Wisconsin Family Growth & Reconciliation Center LLC, working with couples for 25 years in private practice. Chiara now directs the Marriage & Family Schema Therapy Institute, a division of the non-profit Healing International, Inc. she co-founded in 1986. A former Lieutenant in the US Public Health Service Commissioned Corps, she is founder and chair of the ISST Subcommittee & Workgroup of Marital and Couples Schema Therapy.
Eckhard Roediger is a Neurologist, Psychiatrist, and Psychotherapist based in Frankfurt, Germany. He is a former chief physician of the Salus Klinik Hospital, and is currently Director of the Frankfurt Schema Therapy Institute and President of the ISST. He is the author of several German language books on Schema Therapy.

Bruce A. Stevens (PhD Boston University, 1987) holds the Wicking Chair of Ageing and Practical Theology at Charles Sturt University and is the director of the Centre of Ageing and Pastoral Studies. He was previously Associate Professor in clinical psychology at the University of Canberra where he convened the program with over 60 graduate students from 2009-2014. He is an endorsed Clinical and Forensic Psychologist with a part-time private practice at Canberra Clinical and Forensic Psychology, a practice he founded in the early 1990’s. He has been chair of the Canberra section of the Clinical College of the Australian Psychological Society. He gives many professional workshops on couple therapy throughout Australia. He has is a trainer in Schema Therapy with both individual and couple accreditation with the ISST.

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