This exceptional book emphasizes uniquely designed interventions for individual counseling, group work, and community counseling that consider clients as individuals within the contexts of families, cultural groups, workplaces, and communities. Part I describes the theoretical research base and major tenets of the ecological perspective and its applications to counseling practice. In Part II, experts who have used the ecological perspective in their work discuss its usefulness in various applications, including counseling diverse clients with specific life challenges; assessment, diagnosis, and treatment planning; and in schools, substance abuse programs, faith-based communities, and counselor training programs.

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