DESCRIPTION

This fully revised resource features:

- Treatment plan components for 33 behaviorally based presenting problems

- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options

- A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors

The Group Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies.

- A critical tool for mental health professionals developing formal treatment plans for working with a variety of groups

- New edition features expanded coverage and outlines entirely new areas including utilizing group therapy to treat panic/agoraphobia, PTSD/trauma, adult ADHD, obsessive-compulsive disorder, and borderline personality disorder

- Streamlined interventions and fully updated language make this edition easier to use and more clinically applicable

- Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans

- Organized around 33 main presenting problems with a focus on applying a group therapy approach to a wide variety of disorders
• Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options

• Easy-to-use reference format helps locate treatment plan components by behavioral problem

• Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

## ABOUT THE AUTHOR

**ARTHUR E. JONGSMA, Jr., PhD**, is Series Editor for the bestselling Practice Planners®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He managed a group private practice for 25 years and is now a staff member at Life Guidance Services in Grand Rapids, Michigan.

**KIM PALEG, PhD**, is a clinical psychologist in private practice in Berkeley, California. She is the author of *The Ten Things Every Parent Needs to Know* and *Kids Today, Parents Tomorrow*, and coauthor of *When Anger Hurts Your Kids, When Anger Hurts Your Relationship*, and *Couple Skills*.

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