DESCRIPTION

In this book, designed to increase mental health professionals’ global literacy, authors from 33 countries demonstrate multicultural skills and competencies through case studies that illustrate approaches to counseling and psychotherapy in their countries. Following an introductory section on the use of case studies, chapters focus on a cross section of countries in Africa; Australia and Asia; Central, North, and South America; Europe; and the Middle East. Each case describes the client and his or her presenting concerns and includes a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case, and questions for discussion. The final chapter of the text presents a comparative analysis of the cases.

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ABOUT THE AUTHOR

Roy Moodley, PhD, is an associate professor of counseling psychology at the University of Toronto, Canada.
Marguerite Lengyell, EdD (candidate), is in the Counseling and Psychotherapy Department at the University of Toronto.

Rosa Wu, PhD, is a registered clinical counselor in Vancouver, British Columbia.

Uwe P. Gielen, PhD, is professor emeritus and executive director of the Institute for International and Cross-Cultural Psychology at St. Francis College, New York.

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