Preventing Suicide: The Solution Focused Approach, 2nd Edition
John Henden

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DESCRIPTION

New edition of an acclaimed manual which uses the solution focused approach to take an empathetic and validating approach to working with individuals considering suicide.

- Offers invaluable guidance for suicide prevention by showing “what works” in treating those struggling with suicidal thoughts
- Provides straightforward ways to deal frankly with the subject of suicide, along with a range of tools and techniques that are helpful to clients
- Includes actual dialogue between practitioners and clients to allow readers to gain a better understanding of how to work with suicidal clients
- Compares and contrasts a ground-breaking approach to suicide prevention with more traditional approaches to risk assessment and management
- Features numerous updates and revisions along with brand new sections dealing with the international landscape, blaming the suicided person, Dr Alys Cole-King’s ‘Connecting with People’, and telephone work with the suicidal, Human Givens Therapy, and zero suicide
John Henden is Managing Director of the John Henden Consultancy and an internationally acclaimed trainer, author, therapist and performance coach. He has more than 40 years of experience working within mental health services as both a practitioner and manager.