DESCRIPTION

The authoritative guide for dietetic students and both new and experienced dietitians – endorsed by the British Dietetic Association

Now in its sixth edition, the bestselling Manual of Dietetic Practice has been thoroughly revised and updated to include the most recent developments and research on the topic. Published on behalf of the British Dietetic Association, this comprehensive resource covers the entire dietetics curriculum, and is an ideal reference text for healthcare professionals to develop their expertise and specialist skills in the realm of dietetic practice. This important guide includes:

- The latest developments and scientific evidence in the field
- New data on nutrition and health surveillance programs
- Revised and updated evidence-based guidelines for dietetic practice
- An exploration of how Public Health England has influenced the field
- Practical advice on public health interventions and monitoring
- A companion website with helpful materials to support and develop learning

Written for dietitians, clinical nutritionists, and other healthcare professionals by leading dietitians and other professionals, the Manual of Dietetic Practice continues to provide a crucial resource for experts and novices alike.
ABOUT THE AUTHOR

About the Editor

Joan Gandy, PhD, is a Registered Dietitian who has worked in a variety of settings. She was a Senior Research Fellow at Oxford Brookes University and helped set up the MSc in Public Nutrition at Westminster University before becoming a Reader in Nutrition. She was the British Dietetic Association's first Research Officer and is currently working as a freelance dietitian.

NEW TO EDITION

· Brand new Foreword by Lord Balfe, Honorary President of the British Dietetic Association

· All chapters have been revised to reflect current evidence and practice and, in the case of Food law and labelling, current legislation. Several have been completely rewritten by new authors to reflect the way dietetic practice is changing.

· The rewritten chapters include:

  o Assessment of nutritional status

  o People in low income groups

  o Working with minority ethnic communities

  o Public health nutrition

  o Food service

· Brand new chapter entitled Medicines management which details the recent introduction of supplementary prescribing rights for dietitians and includes the previous chapter entitled Drug and nutrient interactions.

· There are over 150 contributors from the whole spectrum of dietetic practice, and every level of the profession from students and recent graduates to professors.
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