The Psychology of Religion and Spirituality: From the Inside Out
Timothy Sisemore

DESCRIPTION

The Psychology of Religion and Spirituality: From the Inside Out, by Timothy Sisemore, provides an introduction to the field of the psychology of religion and spirituality utilizing a mixed method approach allowing persons of faith (and one who is an atheist) to give voice to their experience to supplement the quantitative research that has been done in the field. This text honors the value of religion and spirituality in the lives of the majority of humans while acknowledging the weaknesses and problems that come with faith as well.

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• Begins with the genetic aspects of religion and spirituality and moves outward through their growth over the lifespan, their impact on individual functioning and coping, and then their social manifestations from family to community.

• Enhances understanding and respect among all parties.

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