DESCRIPTION

Newly updated, *Adult Development and Aging: Biopsychosocial Perspectives, 6th Edition* incorporates material that the authors, Susan Krauss Whitbourne and Stacey B. Whitbourne, believe is essential to students understanding this rapidly-developing and fascinating field of study. This text focuses on three key themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Much of what students will read comes directly from Susan’s classroom teaching of the Psychology of Aging course; she continues to incorporate her day-to-day teaching of the course into the text, which keeps the material current, fresh, and engaging.

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- Featuring nearly 300 references, updated through early 2016
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FEATURES

• Offers an innovative approach to the field of adult development with an engaging writing style to appeal to today’s student.

• Each chapter opens with quotations from well-known authors, poets, and celebrities to provide thought-provoking observations on aging.

• “What Do You Think?” critical thinking questions keyed into the text content encourage students to think in-depth about the material.

• The “Aging in the News” feature that offers the story of a remarkable achievement by a middle-aged or older adult.

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